



# A “direct five-step procedure” for the preliminary seismic design of buildings with added viscous dampers

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## ABSTRACT

In the present work a direct procedure for the preliminary seismic design of building structures with added dampers is described which represents the simplification of the so-called “five-step procedure” originally developed in 2010 by some of the authors. The procedure is applicable to yielding frame structures with a generic along-the-height distribution of inter-storey viscous dampers. It is aimed at guiding the structural engineer through the sizing of both viscous dampers and structural elements making use of an equivalent static analysis approach. First, the peak structural response under earthquake excitation is reduced by imposing an overall reduction factor accounting for both the ductility demand and the viscous damping provided by the added dampers. Second, linear damping coefficients are calculated in order to reduce the structural response according to the selected target damping ratio. Then, analytical formulas allow the estimation of peak velocities and forces in the dissipative devices, and an energy criterion is used to identify the non-linear mechanical characteristics of the actual manufactured viscous dampers. Finally, the internal actions in the structural elements are estimated through the envelope of two equivalent static analyses (ESA). At this initial stage of the research, the procedure appears suitable for the preliminary design phase, while correction factors for the higher modes contributions need to be applied to improve its accuracy, especially for high-rise buildings. A numerical verification of the final behaviour of the system by means of non-linear time-history analyses is recommended. An applicative example is finally developed to highlight the soundness of the procedure.

## 1. Introduction

For many years, since the early developments of modern earthquake engineering in the ‘60s, the seismic analysis and design of buildings have been carried out using methods essentially based on the concept of equivalent lateral forces. Nowadays, much more sophisticated analysis tools, such as nonlinear dynamic analyses, are available also in commercial software, and often professional engineers analyze and design building structures making use of such numerical tools. Nonetheless, actual seismic codes still admit the use of equivalent static analysis for the design of relatively regular and simple structures [10,22]. Furthermore, equivalent static analyses are particularly useful for preliminary design, since they permit a fast evaluation of the magnitude of the internal actions in the structural members and their pre-sizing necessary for the development of finite element models and for the computation of the detailed structural response with non-linear dynamic analyses.

The use of dynamic analyses for major structures was first introduced in 1974 by the SEAOC Code [33] which recommended its use for “structures with highly irregular shapes, large differences in lateral resistance or stiffness between adjacent storeys” [15]. Later on, with the rapid development of computer programs, the use of dynamic analyses has been established as standard practice for the seismic design of

building structures. As such, when in the ‘80s novel technologies for the seismic protection of buildings, such as seismic isolation and dissipative devices, were first adopted in the practice, the use of computer based simulations for the design of structures incorporating such new technologies appeared an obvious choice. Fundamental research works devoted to the development and evaluation of procedures for analysis and design of buildings with passive energy dissipation systems were carried out from the 1990s at the University at Buffalo [13,14,30,30,44]. The works are summarized in MCEER-00-0010 report [32] and ASCE 7-16, Chapter 18 [2] procedures, which are nowadays used in USA by professional engineers. Later on, most of the research works on viscous dampers [36–38,34,21,36,20] basically proposed sophisticated numerical algorithms for dampers optimization (i.e. dampers size and location), sometimes leading to complex design procedures.

Alternative approaches leading to design procedures for the sizing of viscous dampers have been proposed in the last years: (i) Lopez-Garcia in 2001 [21] developed a simple algorithm for optimal damper configuration (placement and properties) in MDOF structures, assuming a constant inter-storey height and a straight-line first modal shape; (ii) Christopoulos and Filiatrault in 2006 [12] suggested a design approach for estimating the damping coefficients of added viscous dampers consisting in a trial and error procedure; (iii) Silvestri et al. in 2010 [35]

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proposed a direct design approach, referred to as the “five-step procedure”.

In the present work, a simplified procedure for the sizing of viscous dampers and structural elements of framed structures equipped with inter-storey viscous dampers is presented. The procedure is grounded on some previous works by the authors [40,40,23,24,26] since it collects and exploits all fundamental results in the framework of the original “five-step procedure” [35]. The procedure, originally developed for elastic frames equipped with viscous dampers, is extended to the case of yielding structures making use of an overall reduction factor [23]. It also takes advantages from a recent study by the authors aimed at obtaining analytical estimations of peak displacements and velocity profiles of frame structures under earthquake excitation [26,27]. As such, the new procedure does not require the development of any time consuming non-linear time-history simulations for the sizing of the non-linear dampers, differently from the original five-step procedure. In addition, a step for the estimation of the maximum internal action in the structural members, within the contest of Equivalent Static Analyses (ESA), is introduced representing the main novelty of the work. It should be acknowledged that, at this stage of the research, the procedure appears suitable for the preliminary design phase since correction factors to improve its accuracy still need to be calibrated. In any case, numerical verification by means of more complex and detailed design procedures such as those described in chapter 18 of ASCE 7-16 is recommended for the final design phase.

In this work, the procedure is first presented in the most general case, e.g. a generic frame structure with a generic along-the-height disposition of inter-storey viscous dampers placement. Then, it is specified to an idealized uniform frame building with uniform dampers placed at all storeys. Indeed, this idealized case allows for a fully analytical description of the seismic response of the structure and to derive considerations on the behaviour trends and useful indications on the costs/benefits relationships.

## 2. Current code provisions for structures equipped with added dampers

Many guideline documents have been published in different countries, such as FEMA-273 and FEMA-274 [4,5], NEHRP 2000 Provisions/FEMA-368 [7], NEHRP 2003 Provisions/FEMA 450: Chapter 15 – Structures with Damping Systems [8], Eurocode 8: Design of Structures for Earthquake Resistance – Part 1 [10], ASCE 7-16: Seismic Provisions: Chapter 18 – Seismic Design Requirements for Structures with Damping Systems [2], JSSI Manual: Design and Construction Manual for Passively Controlled Buildings [16,17].

Although the design procedures vary in different standards, they are all based on: equivalent lateral force methods, response spectrum modal analysis method, non-linear time-history simulations. Among the above-mentioned guidelines, only the American and Japanese codes provide detailed instructions for the analyses and design of buildings with viscous dampers. Indeed, according to Christopoulos and Filiatrault [12], Japan and USA were the only countries with numerous real implementations of viscous dampers in structures up to 2003, with the first applications back to the end of the ‘80s. On the contrary, European countries have much less and recent cases of practical implementation of viscous dampers in structures. The main reason of this very limited application of viscous dampers in Europe could be the lack of specific design procedures and recommendations in Eurocode 8.

### 2.1. ASCE 7-16

Chapter 18 of ASCE 7-16 is dedicated to the design of buildings with damping systems. Both linear and non-linear design procedures are presented. In detail, an Equivalent Lateral Force (ELF) procedure is permitted to be used for regular structures (in-plan and in-elevation) and for structures not exceeding 30 m height. The ELF procedure is

based on the residual mode approach [31] and considers also yielding structures. The structural response is calculated as the combination of the fundamental modes response and the residual modes response according to the SRSS combination rule.

Seismic response coefficients ( $C_{S1}$  and  $C_{SR}$ ) are introduced to account for the reduction of the seismic response (e.g. base shear) due to both the damping provided by the added damping devices and the hysteretic damping due to the yielding of the structural members. The seismic response coefficients  $C_{S1}$  and  $C_{SR}$  are used to estimate the seismic base shear associated to the first mode ( $V_1$ ) and to the residual modes ( $V_R$ ). The seismic base shear associated to the first and the residual modes are then used to compute the design lateral forces (e.g. the equivalent static forces) which are applied at each floor in order to design the structural elements of the seismic force-resisting systems (e.g. typically columns and beams for frame structures).

The design forces in the damping devices are evaluated on the basis of floor displacements and inter-storey velocities, which are calculated using the first mode roof displacement ( $D_{1D}$ ) and the residual mode roof displacement ( $D_{RD}$ ) due to the design earthquake, together with the first mode shape ( $\phi_{11}$ ) and the residual modes shapes ( $\phi_{iR}$ ).

The mode properties (i.e. mode shapes and periods of vibration), which are required to develop the ELF procedure, shall be calculated either by dynamic analysis (typically requiring the development of a Finite Element model) or using simplified equations.

The ELF procedure can be rigorously and efficiently implemented in a computer code and has been satisfactory validated by means of various applicative examples, as the sample 3- and 6- storey frames reported in the work by Ramirez et al. [31].

### 2.2. JSSI Manual

JSSI Manual provides relatively specific instructions for distributing viscous dampers along-the-height of a structure. The main design process is described in the work by [18]. It is based on the use of performance curves which are derived based on an equivalent SDOF system schematization. The curves display both displacement reduction ratio and force (or acceleration) reduction ratio that are defined as the values of the peak responses normalized to those of the same structure without dampers. In particular the performances are evaluated in terms of the so called “storage stiffness” and “loss stiffness” calculated considering the two instants of peak and zero deformation.

Firstly, for a given earthquake input of a smooth response spectrum, the peak displacement and the base shear of a frame prior to damper placement are predicted from the response spectrum. Then, the target reduction ratios of displacement and base shear are estimated based on the required performance. Finally, with the target reduction ratios and the performance curve, the necessary stiffness of viscous dampers and braces are determined.

An optimum design solution to control both displacement and force is obtained from the performance curve. However, it is noted that the performance curves are given based on the SDOF system and therefore, the design of viscous dampers in a multi-storey case needs to be conducted by modelling the MDOF frame using an equivalent SDOF system. The principle of the distribution of total viscous dampers to every storey is that the damper loss stiffness, defined as the force at zero displacement divided by the peak deformation in steady-state response of the viscous damper [17], shall be proportional to the corresponding storey stiffness of the MDOF system.

Nonetheless, as observed in the work by [43] the design of damped structures in the JSSI Manual is implemented based on performance curves, which are drawn according to the statistic regression of data from Japanese earthquakes. Thus, their applicability to other countries is not straightforward.

### 2.3. EC8

Eurocode 8 does not provide any specific design procedure for buildings with added viscous dampers. As such, the only analysis method which is suitable for this class of structure is the non-linear time-history analysis. In this case the structure response is obtained through direct numerical integration of the differential equation of motion, using a set of accelerograms representative of the ground motion at the site. The structural elements and the viscous dampers should be modelled in order to represent their non-linear cyclic behaviour and energy dissipation in the whole range of displacement and velocity amplitudes expected in the seismic design scenario.

### 3. The “direct five-step procedure”: overview

In the present section the proposed design procedure for the sizing of viscous dampers and structural elements in framed structures, hereafter referred to as “direct five-step procedure”, since it is grounded on the original “five-step procedure” proposed by some of the authors in 2010 [35], is summarized. Its main purpose is to guide the structural engineer through the sizing of both the viscous dampers and the structural elements within the framework of equivalent static analysis method. It is applicable to inelastic frame structures equipped with a generic along-the-height distribution of inter-storey viscous dampers. The procedure should be carried out separately along the two directions of the 3D building structure, since it is developed with reference to a 2D model.

Fig. 1 provides a flow chart of the “direct five-step procedure”. It integrates some results of previous research works developed by the authors [40,40,35,23,24,26] within the framework of the equivalent lateral force method. First, in STEP 1, the performance objectives are identified by imposing a target reduction factor of the elastic spectrum (input energy) through both energy dissipated by the viscous dampers (quantified by an equivalent damping ratio) and hysteretic energy dissipated by the structure (quantified by means of the behaviour factor  $q$  related to the ductility demand  $\mu$ ). Once the desired performances are identified, in STEP 2 the equivalent linear dampers are sized, while in STEP 3 the peak inter-storey drifts, peak inter-storey velocities and peak damper forces expected with the design earthquake are estimated. These estimations are used to size the commercial viscous dampers typically characterized by non-linear behaviour (STEP 4) and then to perform two equivalent static analyses (namely ESA1 and ESA2), whose results envelope allows the sizing of the structural elements (STEP 5). The rationale behind the use of the results envelope of the two equivalent static analyses ESA1 and ESA2 is explained in Appendix A with reference to the coupled dynamic response of a portal frame equipped with an inclined viscous damper. Each step of the procedure is detailed in the next sections.

#### 4. STEP1: performance objectives and reduction factors

In STEP 1, the target  $x\%$  reduction of the elastic base shear corresponding to a desired overall reduction factor is evaluated:  $\bar{\eta}_{tot} = 1 - x/100$ . The damping ratio corresponding to  $\bar{\eta}_{tot}$  is referred to as the target damping ratio  $\bar{\xi}$ .

The following relationship, proposed by some of the authors in 2013 [24] to evaluate the total response reduction factor  $\eta_{tot}$  accounting for both the hysteretic dissipation in the structural elements ( $\eta_q$ ) and the viscous damping effects ( $\eta_\xi$ ) corresponding to the damping ratio  $\xi = \xi_i + \xi_v$ , including the inherent damping ( $\xi_i$ , conventionally set equal to 5%) and the viscous damping provided by the added dampers ( $\xi_v$ ), can be used:

$$\eta_{tot}(\xi, q) = \eta_\xi \cdot \eta_q = \sqrt{\frac{10}{5 + \xi}} \cdot \left( \frac{1}{q} \cdot \frac{1}{\psi(\xi, q)} \right) \quad (1)$$

where  $q$  is the behaviour factor related to allowable excursion in the inelastic field (ductility demand). When linear elastic response of the structural elements is considered ( $q = 1$ ),  $\eta_q = 1$  and Eq. (1) reduces to the well-known formulation by Bommer et al. [6]:

$$\eta(\xi) = \sqrt{\frac{10}{5 + \xi}} \quad (2)$$

Typically, the values of  $q$  are given by codes and refer to structures with no damping devices.  $\psi(\xi, q)$  is a coupling coefficient which has been calibrated based on extensive numerical simulations on highly damped elastic-plastic SDOF systems subjected to earthquake ground motions (note that in the work by Palermo et al. [24] it is referred to as “ $\alpha$ ”). For instance, the trend of  $\psi$  with respect to the natural period of the SDOF system  $T$  and the ductility demand  $\mu$  (related to the behaviour factor  $q$ ) is shown in Fig. 2a for a fixed value of  $\xi = 30\%$ . Given that  $\psi$  oscillates around 1.0, in the preliminary design phase, as a first approximation, a unitary value is allowable to be used.

For instance, elastic and inelastic design spectra for two values of damping ratio ( $\xi = 5\%$  and  $\xi = 30\%$ ) and  $q = 4$  are represented in Fig. 2b. The amplitudes of the inelastic spectra are obtained by reducing the corresponding elastic spectra by the total reduction factor according to Eq. (1) with  $\psi(\xi, q)$  set equal to 1.0. Four different spectra result:

- $S_{e,5\%}$  is the elastic spectrum at 5% damping ratio.
- $S_{e,\bar{\xi}}$  is the elastic spectrum for a target damping ratio  $\bar{\xi}$  (30% in Fig. 2b).
- $S_{d,5\%}$  is the inelastic (or design) spectrum at 5% damping ratio.
- $S_{d,\bar{\xi}}$  is the inelastic (or design) spectrum for a target damping ratio  $\bar{\xi}$  (30% in Fig. 2b).

#### 5. STEP 2: the sizing of the inter-storey linear viscous dampers

In STEP 2, the values of the linear damping coefficient  $c_{L,j}$  of each viscous damper ( $j$  indicates the generic  $j$ -th damper) corresponding to the target reduction factor are evaluated. Note that, at this step, the dampers are assumed to be characterized by a linear force-velocity ( $F_d-v$ ) relationship of the type  $F_d = c_{L,j} \cdot \text{sign}(v) \cdot |v|$ . The sizing of the inter-storey viscous dampers is here conducted making use of the five-step procedure developed by some of the authors in 2010 [35]. It allows to obtain the values of the damping coefficients of the equivalent linear viscous dampers  $c_{L,j}$  in terms of the target response reduction factor  $\bar{\eta}_{tot}$  through simple analytical formulas. In its original form, the procedure has been derived for the case of uniform along-the-height dampers inserted into shear-type buildings, encompassing both the cases of dampers placed so that one end is connected to the structure while the other end is connected to a fixed point (typically the ground or a very stiff structure) in the so called “fixed-point placement” and the more usual case of dampers located between two adjacent storey in the so called “inter-storey placement”. Nonetheless, its effectiveness has been also proved for not uniform damper placements and generic moment-resisting type frames which are characterized by non-classical damping [23]. In particular, the case of inter-storey diagonal placement is here considered. Fig. 3 displays a generic viscous damper inserted within two adjacent floors, e.g. the  $i$ -th storey.  $h_i$  and  $B$  are the  $i$ -th inter-storey height and the bay width respectively,  $\theta_j$  indicates the inclination of the  $j$ -th damper with respect to the horizontal direction,  $s_j$  is the stroke of the  $j$ -th damper related to the  $i$ -th inter-storey drift  $\delta_i$  and the  $j$ -th angle  $\theta_j$ . Once the along-the-height relative distribution of dampers has been assumed (typical distributions are uniform, stiffness proportional, proportional to maximum inter-storey drifts of the naked structure), the following equation can be used to obtain the values of each linear damping coefficient:

$$\sum_{j=1}^{n_{tot}} c_{L,j} \cdot \cos(\theta_j)^2 = \bar{\xi}_v \cdot \omega_1 \cdot m_{tot} \cdot N \cdot (N + 1) \quad (3)$$

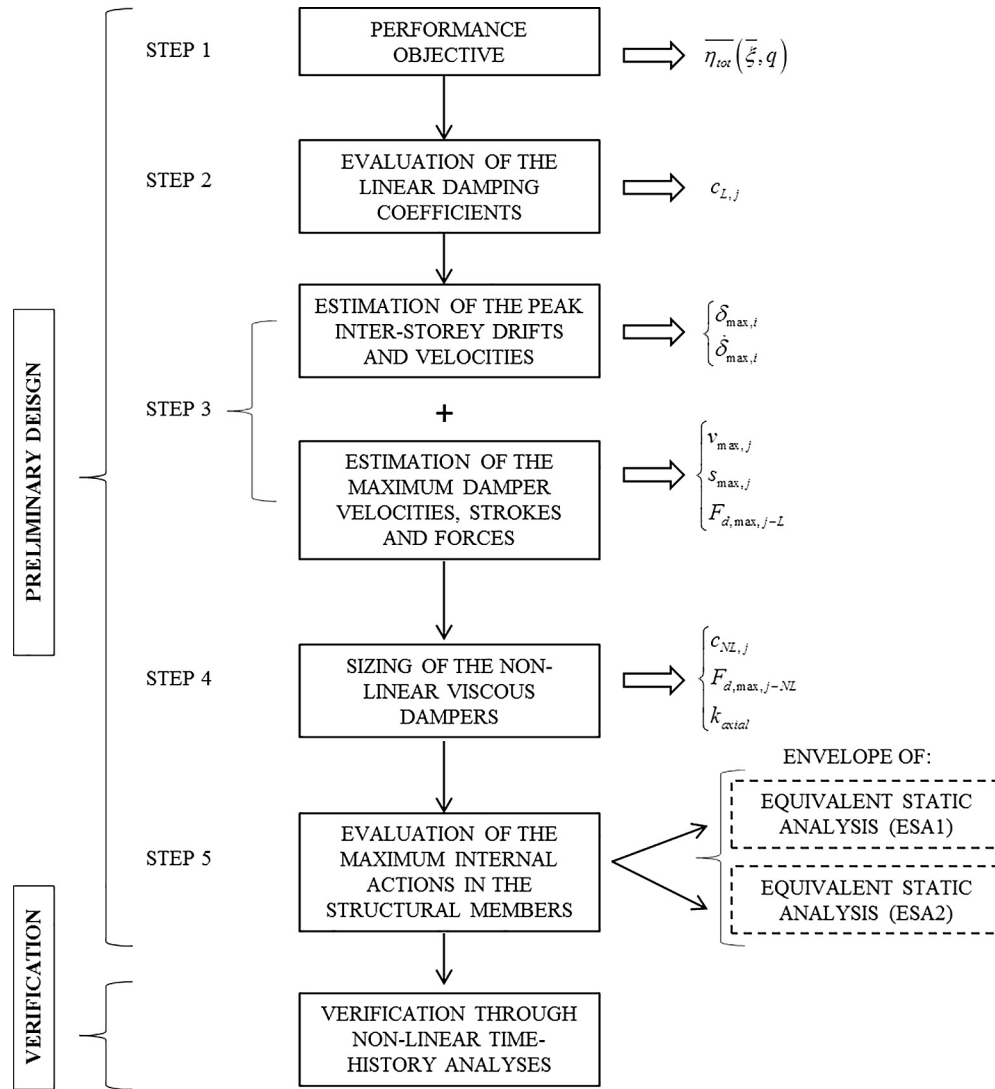
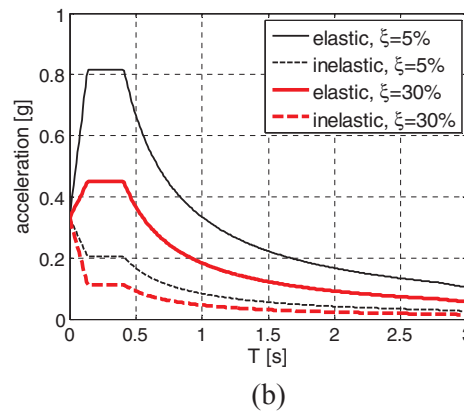
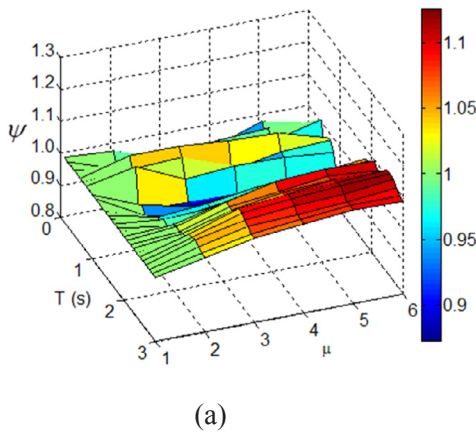


Fig. 1. Flowchart of the “direct five-step procedure”.

Fig. 2. (a) Surface of  $\psi$  coefficient (adapted from [24]); (b) elastic and inelastic design spectra.

where  $\omega_1 = 2\pi/T_1$  is the first mode circular frequency of the structure;  $m_{tot}$  is the total building mass,  $N$  is the total number of storeys of the building;  $n_{tot}$  is the total number of viscous dampers introduced in the whole building along one direction. Eq. (3) is grounded on the

approximate relationship  $\frac{k}{m\omega_1^2} \cong \frac{N(N+1)}{2}$  derived by Trombetti and Silvestri [41] studying the modal properties of uniform shear-type frames with constant lateral storey stiffness  $k$  and constant floor mass  $m$ . In detail, the authors studied the properties of the Stiffness Proportional

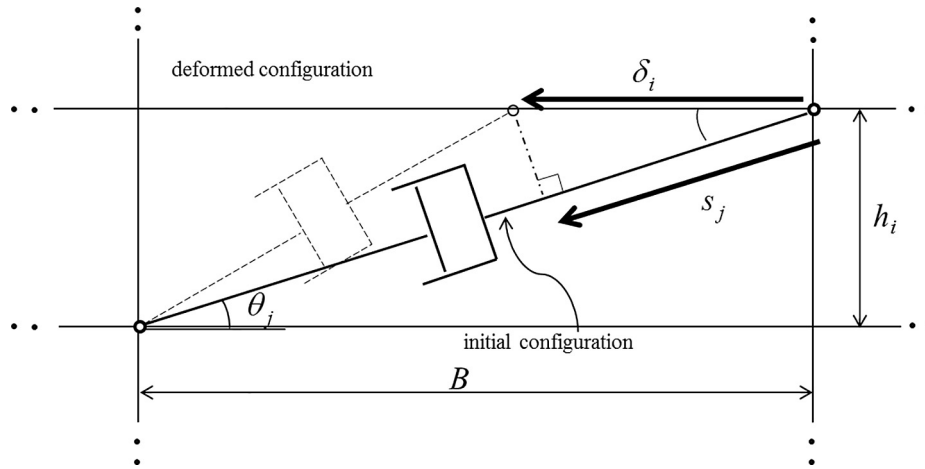


Fig. 3. Inter-storey diagonal viscous damper placement (deformed configuration is highly magnified).

Damping (SPD) and the Mass Proportional Damping (MPD) matrices of uniform shear type frames and derived analytical expressions to relate the total damping coefficient  $c_{tot}$  (that is the sum of the damping coefficients of all dampers) with the first modal damping ratio.

### 6. STEP 3: an estimation of maximum damper velocities and damper forces

In STEP 3, the peak inter-storey drifts  $\delta_{max,i}$  and velocities  $\dot{\delta}_{max,i}$ , the maximum damper velocities  $v_{max,j}$ , forces  $F_{Dmax,j-L}$  and strokes  $s_{max,j}$  under the design earthquake are evaluated. Such response quantities can be estimated following the procedure recently proposed by the authors [26]. In detail, assuming that the building structure will respond mainly according to its first mode of vibration  $\{\phi\} \cong \{\phi^1\}$ , an estimation of the maximum floor lateral displacements  $\phi_{max,i} = \beta \cdot \phi_i$  ( $\beta$  is a constant to be determined) is obtained by imposing the global equilibrium along the horizontal direction between the total base shear ( $\lambda \cdot m_{tot} \cdot S_{e,\xi}(T_1)$ ) and the sum of the inertial forces ( $\sum_{i=1}^N m_i \cdot \ddot{\phi}_{max,i}$ )

$$\lambda \cdot m_{tot} \cdot S_{e,\xi}(T_1) = \sum_{i=1}^N m_i \cdot \ddot{\phi}_{max,i} \quad (4)$$

Assuming that:

$$\ddot{\phi}_{max,i} = \omega_1^2 \cdot \phi_{max,i} \quad (5)$$

the substitution of Eq. (5) into Eq. (4) leads to the following equation in the unknown  $\beta$  which provides the amplitudes of all inter-storey drifts:

$$\lambda \cdot m_{tot} \cdot S_{e,\xi}(T_1) = \beta \cdot \omega_1^2 \cdot \sum_{i=1}^N m_i \cdot \phi_i \quad (6)$$

where  $S_{e,\xi}(T_1)$  is the ordinate of the elastic pseudo-acceleration spectrum at the fundamental period of the structure  $T_1$ ;  $m_i$  is the floor mass at the  $i$ -th storey and  $\lambda$  a coefficient accounting for the reduced contribution of the first mode in comparison with the total mass; values of  $\lambda$  depends on  $T_1$  and the structural configuration; EC8 suggests a value of  $\lambda = 0.85$  for regular frames with at least three storeys and fundamental period  $T_1 < 2T_c$  (in other cases  $\lambda = 1.0$  is suggested).  $T_c$  is the period corresponding to the beginning of constant displacement spectral range.

From the peak floor displacements  $\phi_{max,i}$  it is then possible to obtain the peak inter-storey drifts  $\delta_{max,i}$  and the peak inter-storey velocities  $\dot{\delta}_{max,i}$ , as well as the maximum damper velocities  $v_{max,j}$ , strokes  $s_{max,j}$  and forces  $F_{Dmax,j-L}$  (subscript  $L$  stands for linear damper) using the following relationships:

$$\delta_{max,i} = \phi_{max,i} - \phi_{max,i-1} \quad (7)$$

$$\dot{\delta}_{max,i} = \omega_1 \cdot M_i \cdot \eta_i \cdot \delta_{max,i} \quad (8)$$

$$v_{max,j} = \dot{\delta}_{max,i} \cdot \cos \theta_j \quad (9)$$

$$s_{max,j} = \delta_{max,i} \cdot \cos \theta_j \quad (10)$$

$$F_{Dmax,j-L} = c_{L,j} \cdot v_{max,j} \quad (11)$$

In Eq. (8)  $M_i$  is a coefficient recently introduced by the authors [26] which accounts for (i) the discrepancies between the actual velocities and the pseudo-velocities (first highlighted by Pekcan et al. [29]) and (ii) the contribution of the higher modes in the peak velocities [1].  $M_i$  values mainly depend on the period of the first mode of vibration  $T_1$  (they tend to linearly increase with  $T_1$ ) but they are also affected by (i) the main characteristics of the earthquake input, and (ii) the along-the-height stiffness and damping distribution. In two recent works [25,27], the authors focused on the evaluation of the trends of  $\lambda$  and  $M_i$  for the class of linear elastic uniform shear frame buildings (e.g. shear-type frame structures with constant floor mass and lateral storey stiffness at all storeys) showing that large  $M_i$  are generally observed at the bottom storeys (maximum values around 2.5 for a structure with  $T_1 = 5$  s). In these works, the authors have calibrated two linear regression equations for the magnification factor at the ground storey  $M_1$  (Fig. 4). The discrepancies between the two predictions are due to both the ground motion properties and frame properties. Coefficient  $r_i$  accounts for the effect of eventual inelastic behaviour. For linear elastic structures:  $r_i = 1$ .

In presence of significant excursion in the inelastic field, the peak velocities tend to reduce (this effect can be related to the increase in the fundamental period of vibration,  $T_{eff} = T_1 \cdot \sqrt{\mu}$ , as a function of the ductility ratio  $\mu$  [32]). Nonetheless, a more extensive parametric study

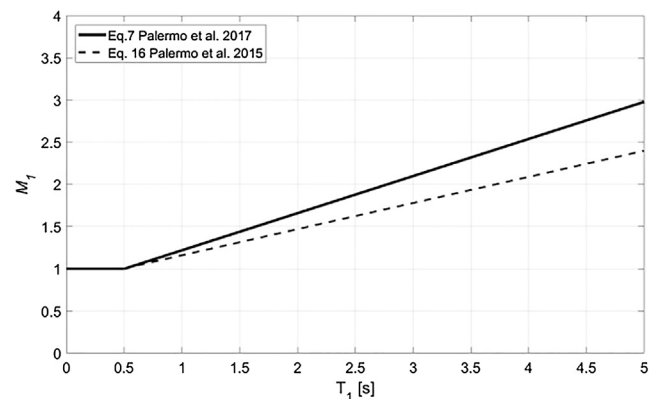
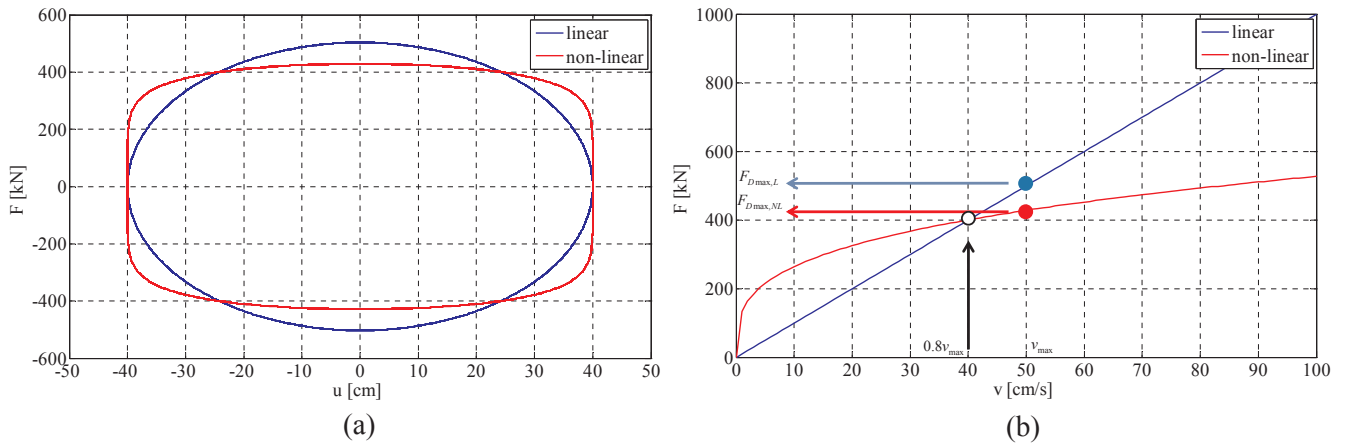


Fig. 4. Linear-regression equations for coefficient  $M_1$  (adapted from [27]).





**Fig. 5.** (a) Force-displacement response of linear and corresponding non-linear viscous damper; (b) force-velocity response of linear and corresponding non-linear viscous damper.

(out of the scope of the present paper) is required to evaluate the trends of these coefficients, for example for other structural configurations.

#### 7. STEP 4: the sizing of the non-linear commercial dampers

In STEP 4, the characteristics of the non-linear commercial dampers are determined. The commercial dampers are typically characterized by exponential non-linear force-velocity response with values of the damping exponent  $\alpha$  generally less than 1.0 (0.15–0.30 are the most common values):

$$F_{D-NL} = c_{NL} \cdot \text{sign}(v) \cdot |v|^\alpha \quad (12)$$

In detail, the following relationship, based on an equivalence of energy dissipated within a cycle [35], can be used to obtain the non-linear damping coefficient of each damper (Fig. 5):

$$c_{NL,j} = c_{L,j} \cdot (0.8 \cdot v_{max,j})^{1-\alpha} \quad (13)$$

Eq. (13) can be interpreted as follows: the damping coefficient of the non-linear damper characterized by low values of damper exponent (say  $\alpha \cong 0.15$ –0.30) can be obtained in terms of the damping coefficient of the corresponding linear damper using a “design velocity” equal to  $0.8 \cdot v_{max,j}$ .

Then, assuming that the maximum velocity developed in the non-linear commercial damper will be equal to the one of the corresponding linear damper calculated according to Eq. (9), substitution of Eq. (13) into Eq. (12) leads to the following estimation of the maximum force in each  $j$ -th non-linear commercial damper:

$$F_{Dmax,j-NL} = 0.8^{1-\alpha} \cdot F_{Dmax,j-L} \quad (14)$$

In order to maintain high efficiency of the device, the axial stiffness of the dissipative brace (the stiffness due to the compressibility of the oil in the chamber of the damper in series with the stiffness of the supporting brace) should satisfy the following indication [35]:

$$k_{axial} \geq 10 \cdot c_{L,j} \cdot \omega_1 \quad (15)$$

#### 8. STEP 5: the design of the structural members: ESA1 and ESA2

In STEP 5, the maximum internal actions in the structural elements are estimated through the envelope of two Equivalent Static Analyses. It is known that during an earthquake the internal seismic induced actions in the structural members (such as columns and beams) achieve their maximum values at the time instant of maximum lateral displacements. On the contrary, the forces in the viscous dampers achieve their

maximum values at the time instant of maximum inter-storey velocities, which is roughly coincident with the instant of zero lateral deformation. In case of the typical inter-storey dampers placement, the axial forces in the dampers induce additional axial forces in beams and columns, which may govern the entire structural design. Therefore, the maximum internal actions in the structural members can be estimated from the envelope of the following two equivalent static analyses, namely:

- ESA1: is the static analysis of the naked structure (i.e. without dampers) performed with a set of external horizontal forces leading to internal actions in the structural members coherent with the peak internal flexural actions generated during an earthquake, e.g. at the time instant of maximum lateral deflection.
- ESA2: is the static analysis performed on an appropriate structure schematization which provides the internal actions in the structural members coherent with the maximum actions transferred by the dampers during an earthquake, e.g. at the time instant of maximum lateral velocity.

More detailed explanations of the rationale behind the use of the envelope of the two equivalent static analyses ESA1 and ESA2 is given in Appendix A with reference to the dynamic behaviour of a simple one-storey portal frame equipped with a diagonal viscous damper.

##### 8.1. Equivalent static analysis at the instant of maximum lateral deformation: ESA1

The equivalent static analysis ESA1 is conducted by applying to the naked structure the following set of lateral forces according to the well-established procedures implemented in all seismic building codes:

$$F_{ESA1,i} = F_h \cdot \frac{z_i \cdot m_i}{\sum_{k=1}^N z_k \cdot m_k} \quad (16)$$

where  $z_i$  is the height of the  $i$ -th storey from the foundation level and  $F_h$  is:

$$F_h = \lambda \cdot S_{d,\xi}(T_i) \cdot m_{tot} \quad (17)$$

Note that, when added viscous dampers are inserted into existing structures the value of the spectral acceleration which is used to perform the equivalent static analysis ESA1 cannot be, in general, evaluated according to STEP 1 of the procedure. Indeed, the approach that has been adopted to derive the overall reduction factor  $\eta_{tot}$  (Eq. (1)) is based on the assumption (for the design of new structure) of equal

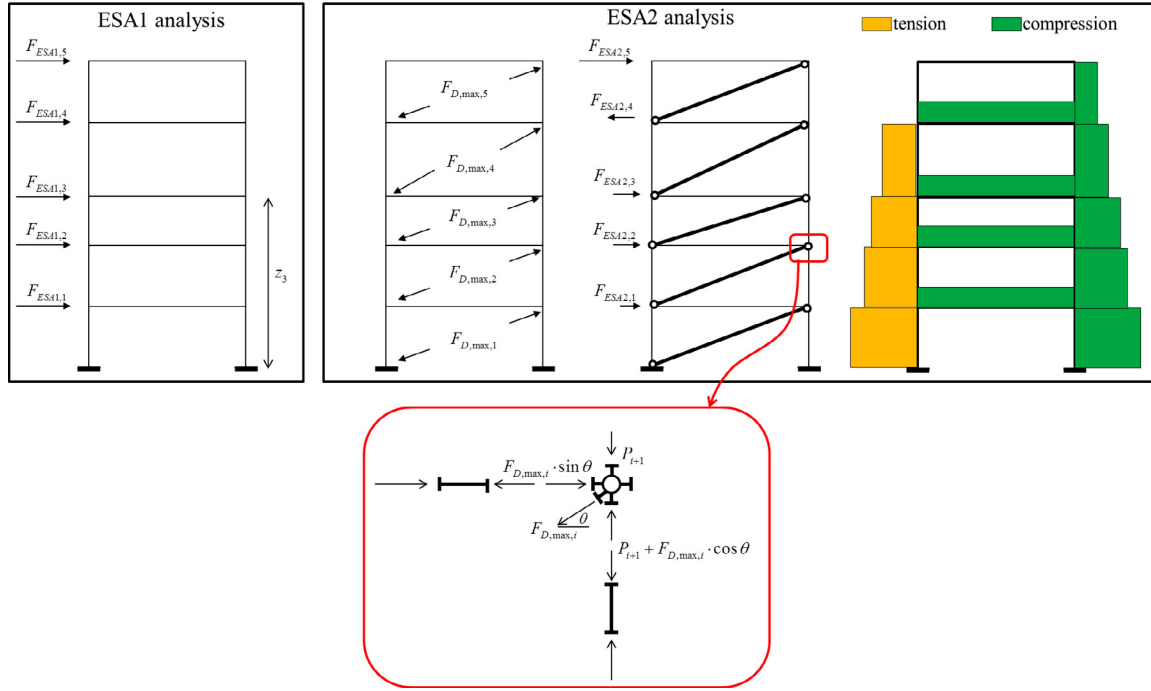


Fig. 6. Equivalent static analyses ESA1 and ESA2.

ductility demand between the damped structure to be designed and the corresponding bare frame structure under the same earthquake intensity level (the reader can refer to [24] for additional details).

## 8.2. Equivalent static analysis at instant of maximum lateral velocity: ESA2

The equivalent static analysis ESA2 is conducted by applying to the structure with dampers replaced by rigid diagonal braces the following set of lateral forces (Fig. 6):

$$F_{ESA2,i} = F_{Dmax,i} \cdot \cos \theta_i - F_{Dmax,i+1} \cdot \cos \theta_{i+1} \quad (18)$$

The set of equivalent lateral forces of Eq. (18) produces additional internal axial forces in the beams,  $P_{B,i}$ , and columns,  $P_{C,i}$ , (whose qualitative diagram is shown in Fig. 6) which can be expressed as follows:

$$P_{B,i} = F_{Dmax,i} \cdot \sin \theta_i \quad (19)$$

$$P_{C,i} = P_{C,i+1} + F_{Dmax,i} \cdot \cos \theta_i \quad (20)$$

## 9. Final verification through non-linear time history analyses

After the application of STEPS 1–5 the analyst has all the information necessary to develop a numerical model of the building equipped with the added viscous dampers. At this stage of the research, non-linear time-history analyses are recommended to verify the actual behaviour of the structure and eventually to provide some little adjustments to the size of dampers and structural elements to fully satisfy the design requirements or even to develop an “optimal” design. In this regard, the results obtained from STEPS 1–5 may be used as starting point for the development of more sophisticated iterative procedures for damper optimization, for instance the one proposed by Levy and Lavan [20].

In addition, the proposed procedure could be also utilized to have a first estimation of the internal actions at the stage of maximum

acceleration combining the results of the ESA1 and ESA2 with the appropriate combination coefficients tabled in the ASCE 7-16 as a function of the velocity exponent  $\alpha$  and viscous damping ratio  $\xi_v$ .

## 10. Analytical results for the special case of linear “uniform frames”

### 10.1. Assumptions

The “direct five-step procedure” presented in Sections 3–9 is here specialized for the case of  $N$ -storey, 1-bay frame structures assuming:

- linear elastic structural behaviour ( $q = 1$ ,  $S_{d,\xi}(T_i) = S_{e,\xi}(T_i)$ );
- floor mass  $m$  and lateral storey stiffness  $k$  equal at all storeys;
- inter-storey height  $h$  and bay width  $b$  equal at all storeys, so that the damper inclination  $\theta$  remains constant along the building height;
- equal viscous dampers placed at all storeys (characterized by linear damping coefficient  $c_L$ );
- linear deformed shape  $\{\phi\}$  under earthquake ground motion;
- $M_i = 1$  at all storeys;
- $\lambda = 1.0$ .

Such class of frames will be referred hereafter to as “uniform frames”. The above assumptions, even though rarely verified in real structures, allow to derive fully analytical relationships for the sizing of the viscous dampers, and to obtain a fully analytical description of the seismic response envelope of the system (maximum damper forces and maximum internal actions in the structural elements). The analytical developments also allow to provide some interesting observations and comparisons on the effectiveness of the added dampers. The analytical formulas related to the simplified ideal case of “uniform frames” are derived in Section 10.2. Discussion on the effectiveness of the added dampers is given in Section 10.3.

### 10.2. The “direct five-step procedure” for the class of “uniform frames”

#### STEP 1:

Given that the frame is assumed elastic ( $q = 1$ ), use is made of Eq. (2) which, assuming  $\xi_v = \bar{\xi}_v$  corresponding to  $\bar{\xi} = \xi_i + \bar{\xi}_v = 5\% + \bar{\xi}_v$  specializes as follows:

$$\bar{\eta}(\bar{\xi}) = \sqrt{\frac{10}{5 + \bar{\xi}}} = \sqrt{\frac{10}{5 + 5 + \bar{\xi}_v}} \quad (21)$$

#### STEP 2:

The linear damping coefficient  $c_L$  is assumed equal for all dampers and can be evaluated through the following equation:

$$c_L = \frac{\bar{\xi}_v \cdot \omega_1 \cdot m_{tot} \cdot (N + 1)}{\cos^2 \theta} \quad (22)$$

#### STEP 3:

The solution of Eq. (6) under the above assumptions leads the following expression of the peak storey drifts vector  $\{\phi_{\max}\}$ , peak inter-storey drifts  $\delta_{\max}$ , peak inter-storey velocities  $\dot{\delta}_{\max}$ , maximum damper velocities  $v_{\max}$  and maximum damper forces  $F_{D\max,L}$  (the response quantities are equal at all storeys):

$$\{\phi_{\max}\} = \frac{S_{e,\bar{\xi}}(T_1)}{\omega_1^2} \cdot \frac{2}{(N + 1)} \cdot \begin{Bmatrix} 1 \\ \vdots \\ i \\ \vdots \\ N \end{Bmatrix} \quad (23)$$

$$\delta_{\max} = \frac{S_{e,\bar{\xi}}(T_1)}{\omega_1^2} \cdot \frac{2}{(N + 1)} \quad (24)$$

$$\dot{\delta}_{\max} = \frac{S_{e,\bar{\xi}}(T_1)}{\omega_1} \cdot \frac{2}{(N + 1)} \quad (25)$$

$$v_{\max} = \frac{S_{e,\bar{\xi}}(T_1)}{\omega_1} \cdot \frac{2}{(N + 1)} \cdot \cos \theta \quad (26)$$

$$F_{D\max,L} = \frac{2 \cdot \bar{\xi}_v \cdot m_{tot} \cdot S_{e,\bar{\xi}}(T_1)}{\cos \theta} \quad (27)$$

#### STEP 4:

The non-linear damping coefficient of each manufactured viscous damper can be evaluated through the following equation:

$$c_{NL} = \frac{\bar{\xi}_v \cdot \omega_1 \cdot m_{tot} \cdot (N + 1)}{\cos^2 \theta} \cdot \left( 0.8 \cdot \frac{S_{e,\bar{\xi}}(T_1)}{\omega_1} \cdot \frac{2}{(N + 1)} \cdot \cos \theta \right)^{1-\alpha} \quad (28)$$

#### STEP 5:

The equivalent static analysis ESA1, as specialized for the class of “uniform frames”, is conducted by applying to the corresponding naked structure the following set of lateral forces (Fig. 7a):

$$F_{ESA1,i} = \frac{2 \cdot m}{N + 1} \cdot S_{e,\bar{\xi}}(T_1) \cdot i \quad (29)$$

It can be noted that the lateral forces linearly increase going from the bottom to the top.

The equivalent static analysis ESA2, as specialized for the class of “uniform frames”, is conducted by applying to the structure with dampers replaced by rigid diagonal braces the following top-storey lateral force (Fig. 7b):

$$F_{ESA2,5} = 2 \cdot \bar{\xi}_v \cdot m_{tot} \cdot S_{e,\bar{\xi}}(T_1) \quad (30)$$

By simple equilibrium considerations the maximum axial force in the columns also linearly increases going from the top to the bottom according to the following equation:

$$P_{C,i} = 2 \cdot \bar{\xi}_v \cdot m_{tot} \cdot S_{e,\bar{\xi}}(T_1) \cdot \tan \theta \cdot (N - i + 1) \quad (31)$$

The maximum axial force (hereafter also referred to as base axial force)

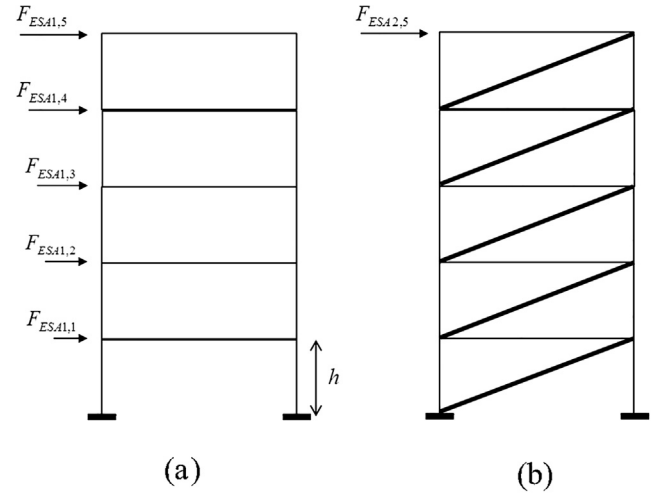


Fig. 7. Equivalent static analyses ESA1 (a) and ESA2 (b) for the special case of “uniform frames”.

is achieved at the ground floor ( $i = 1$ ):

$$P_{C,1} = 2 \cdot \bar{\xi}_v \cdot m_{tot} \cdot S_{e,\bar{\xi}}(T_1) \cdot \tan \theta \cdot N \quad (32)$$

### 10.3. Discussion

The analytical expressions of the maximum damper forces and maximum axial forces in the columns transmitted by the dampers allow to provide interesting comparisons.

Fig. 8 displays the maximum base shear for the damped structure,  $V_{base} = m_{tot} \cdot S_{e,\bar{\xi}}(T_1)$ , the maximum damper force ( $F_{D,\max,L}$ , as given by Eq. (27)), the maximum axial force at the base ( $P_{base}$ , as given by Eq. (32)) as functions of the damping ratio, for  $N = 5$  and  $10$  and  $\theta = 30^\circ$ . All quantities are normalized with respect to the base shear corresponding to the 5% damping ratio,  $V_{base,\xi=5\%}$ . Note that the ratio  $V_{base}/V_{base,\xi=5\%}$  is coincident with the response reduction factor  $\eta$ .

The following observations can be made:

- as expected, with increasing damping ratio, the base shear decreases at the expense of increasing maximum damper forces and maximum axial forces. However, the maximum damper force never exceeds  $V_{base,\xi=5\%}$ ;
- the maximum damper force equals the base shear for  $\xi$  around 35%. For this specific value of damping ratio, both quantities are equal to approximately  $0.5 V_{base,\xi=5\%}$ ;
- as expected, with increasing total number of storeys, the maximum axial force increases and may become significantly larger than  $V_{base,\xi=5\%}$  (up to 2.5 times for  $N = 10$  and  $\xi = 50\%$ ).

It is finally of practical interest to directly evaluate the amount of damper force necessary to obtain a certain reduction in the base shear  $\Delta V_{base} = V_{base,\xi=5\%} - V_{base}$ .

Substitution of Eq. (2) in Eq. (27) allows to express the ratios  $F_{D,\max,L}/V_{base,\xi=5\%}$  and  $F_{D,\max,L}/\Delta V_{base}$  as functions of  $\eta$ :

$$\frac{F_{D,\max,L}}{V_{base,\xi=5\%}} = 2 \cdot \frac{(10-10\eta^2)}{\eta \cdot \cos \theta} \quad (33)$$

$$\frac{F_{D,\max,L}}{\Delta V_{base}} = 2 \cdot \frac{(10-10\eta^2)}{(1-\eta) \cdot \eta \cos \theta} \quad (34)$$

Fig. 9a displays  $F_{D,\max,L}/V_{base,\xi=5\%}$  versus  $\eta$ , whilst Fig. 9b displays  $F_{D,\max,L}/\Delta V_{base}$  versus  $1-\eta$ , for  $\theta = 30^\circ$ . Fig. 9a illustrates the cost (in terms of maximum damper force normalized with respect to  $V_{base,\xi=5\%}$ ) of achieving a prescribed performance (in terms of damping reduction



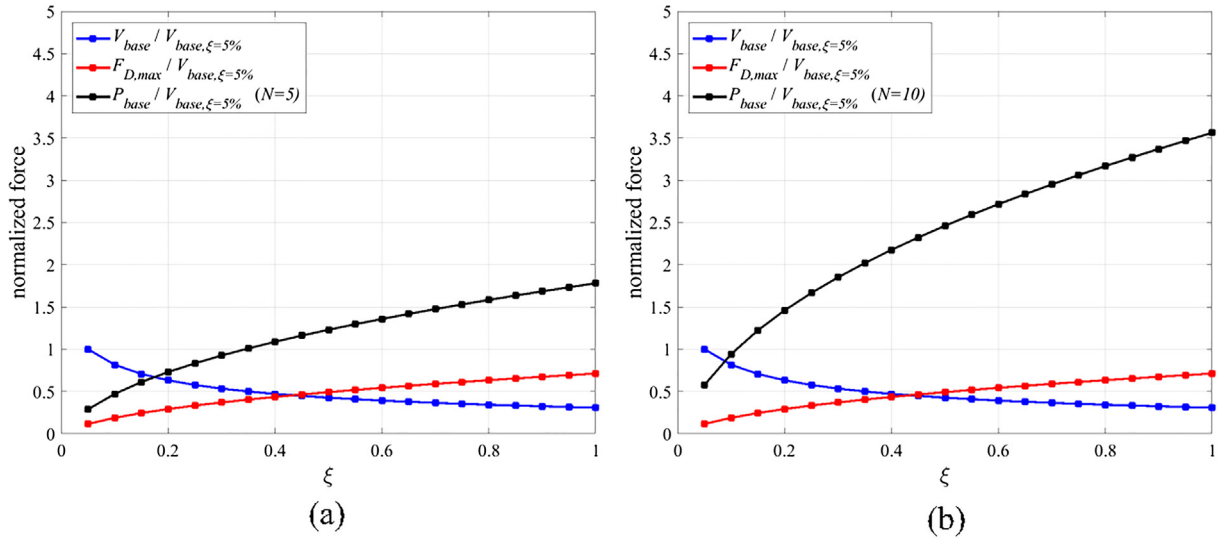


Fig. 8. Maximum base shear, maximum damper force and maximum base axial force: (a)  $N = 5$ , (b)  $N = 10$ .

factor). Fig. 9b illustrates the cost/benefit ratio (i.e. maximum damper force normalized with respect to  $\Delta V_{base}$ ) corresponding to a prescribed reduction in the response parameter (i.e.  $1-\eta$ ). For  $1-\eta$  between 0.15 and 0.7 (e.g.  $\eta$  between 0.3 and 0.85), the ratio  $F_{D,max,L}/\Delta V_{base}$  is less than 1.0 and almost stable for  $1-\eta$  between 0.2 and 0.6 (e.g.  $\eta$  between 0.4 and 0.5) meaning that the benefit in terms of reduction of base shear is superior than the cost expressed by the maximum damper force.

## 11. Applicative examples

In the present section, two applicative examples are developed. First, the example frame 3S-90, extensively studied by Ramirez et al. [31], is considered as reference naked structure. Uniform along-the-height inter-storey linear viscous dampers are designed according to the “direct five-step procedure”. Then, a 10-storey moment resisting frame equipped with non-linear viscous dampers of different sizes is analysed.

### 11.1. Example 1: 3S-90 reference frame by Ramirez et al. [31]

Frame 3S-90 [31] is a 3-storey, 3-bay planar steel frame characterized by a constant bay width equal to 8.23 m and inter-storey heights equal to 4.42 m at the ground storey and 4.304 m at the second

and third inter-storey (a constant  $\theta = 27^\circ$  is assumed, given that the differences in the inter-storey heights are negligible). Columns have constant  $W14 \times 145$  cross sections, while cross sections of the beams vary along the height and are equal to  $W21 \times 44$ ,  $W18 \times 40$ ,  $W14 \times 26$  at the first, second and roof floor, respectively. The seismic tributary weight is equal to 2900 kN at the first and second floor and equal to 1567 kN at the roof, leading to a total seismic weight of roughly 7500 kN, including the frame self-weight.

#### 11.1.1. The FE models and the seismic input

A finite element model of the frame has been developed using the commercial software SAP2000 v17.1. The non-linear behaviour of the frame is modelled through plastic hinges (without bending moment-axial load interaction) located at both beams and columns ends assuming an elastic-perfectly plastic material behaviour (the stress at plastic capacity is set equal to 450 MPa, Young modulus is set equal to 210,000 MPa). In this case, since the maximum axial load in all members is much lower than the corresponding axial plastic capacity ( $N_{max}/N_p < 0.1$  for all members) the influence of the axial load on the plastic bending moment is negligible [3]. Consequently, the full plastic bending moment has been considered for all members. The fundamental period is equal to 1.55 s. The capacity curve of the naked

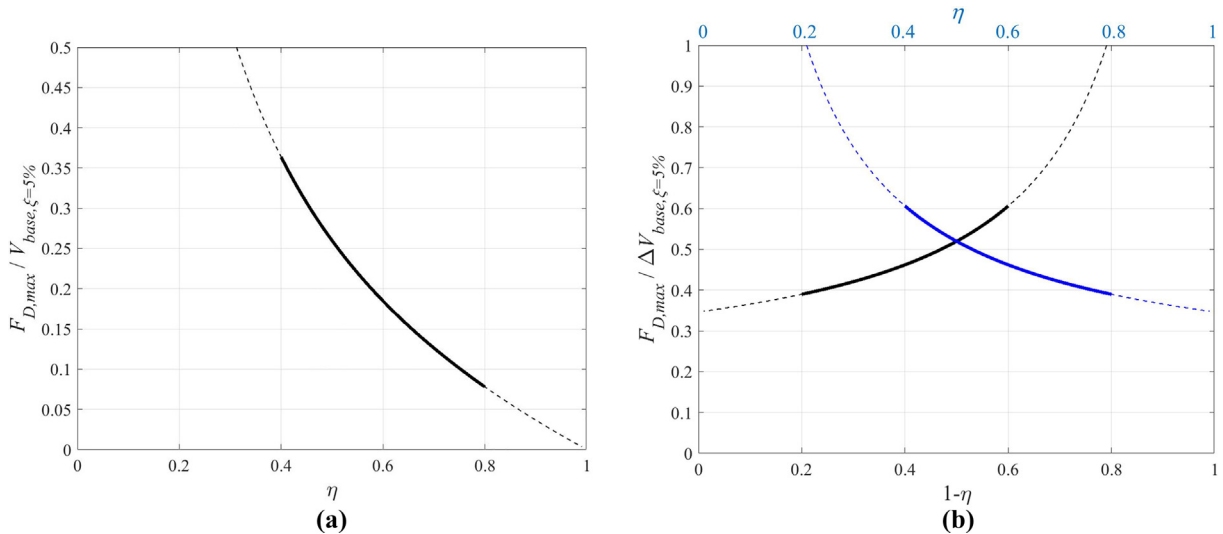
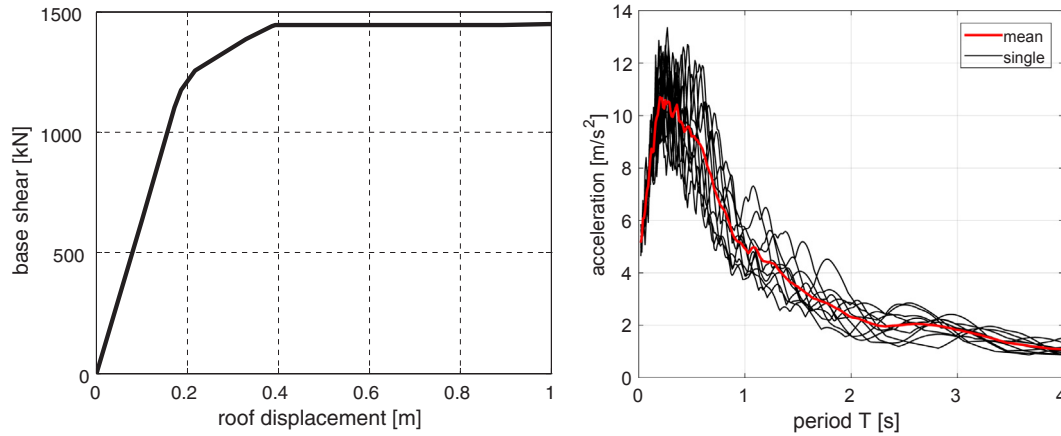


Fig. 9. (a)  $F_{D,max,L}/V_{base,\xi=5\%}$  versus  $\eta$ ; (b)  $F_{D,max,L}/\Delta V_{base}$  versus  $1-\eta$ .



**Fig. 10.** (a) Capacity curve of the Example 1 frame from pushover analysis; (b) Response spectra of the 10 artificial accelerograms (black lines) and average spectrum (red thick line). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

structure in terms of base shear vs. top-storey lateral displacement has been evaluated through non-linear static analysis (pushover) using an inverted triangular distribution of lateral forces [9]. The maximum base shear capacity resulting from the pushover analysis is approximately equal to 1500 kN (Fig. 10a).

A set of 10 artificial ground motions compatible with EC8 design spectrum have been generated using SIMQUAKE [42] to perform the non-linear time history analyses. The individual elastic response spectra and the mean spectrum (with 5% damping ratio) are shown in Fig. 9b. The records are generated in order to have an average peak ground acceleration of about 0.4 g, typical of a site with high seismic hazard. Consequently, the ordinate of the average elastic spectral acceleration at the fundamental period of the building is equal to 0.33 g. Based on the first mode response, the expected base shear demand (2400 kN) should be approximately 1.5 times larger than the yielding base shear (1500 kN). Therefore, in order to stress the structure far beyond its yielding point, the base input accelerograms have been scaled up to 1.2 g.

In the following subsection, the calculations required to apply the procedure are developed in order to give an example to the professional engineer. Both cases of elastic frame response ( $q = 1.0$ ) and inelastic frame response ( $q = 3.0$ ) are encompassed. The considered FE models are listed in Table 1. The inelastic frame response is obtained by scaling up the ordinates of the acceleration records of a factor equal to 3.0. According to this approach the average elastic pseudo-acceleration, at the fundamental period, in the case of the E1Bx3-NL inelastic frame ( $q = 3.0$ ) is equal to 1.0 g.

#### 11.1.2. Application of the “direct five-step procedure” to model E1Dx1-L/L

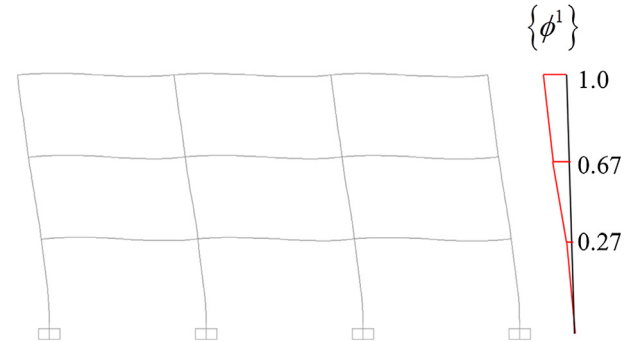
For the sake of conciseness, hereafter the calculations are explicitly developed just for model E1Dx1-L/L (a unitary behaviour factor  $q = 1.0$  is assumed).

##### STEP 1:

A target viscous damping ratio  $\bar{\xi}_v = 0.20$  is assumed (in the preliminary design stage  $\psi$  is set equal to 1.0). As such, the total response reduction factor results equal to (from Eq. (21)):

**Table 1**  
The FE models of Example 1 frame with and without added dampers.

Model name	Damper type	Frame behaviour	Scaling factor
E1Dx1-L/L	Linear dampers	Linear	1.0
E1Dx3-L/L	Linear dampers	Linear	3.0
E1Dx3-L/NL	Linear dampers	Non-linear	3.0
E1Bx1-L	No dampers (Bare frame)	Linear	1.0
E1Bx3-L	No dampers (Bare frame)	Linear	3.0
E1Bx3-NL	No dampers (Bare frame)	Non-linear	3.0



**Fig. 11.** First mode shape for model E1Dx1-L (maximum value is normalized to 1.0).

**Table 2**  
Predictions of the peak responses, model E1Dx1-L/L.

Peak response quantity	Storey	Predictions
Floor displacement [m]	1	0.04
	2	0.10
	3	0.15
Inter-storey velocities [m/s]	1	0.16
	2	0.24
	3	0.20
Damper forces [kN]	1	472
	2	692
	3	566

$$\bar{\eta}(\bar{\xi}) = \sqrt{\frac{10}{5 + 5 + 20}} = 0.58 \quad (35)$$

This means that the peak displacements of the damped system are expected to be equal to 58% of the ones of the corresponding bare frame system, or equivalently that the displacement response is reduced by 42%.

##### STEP 2:

Assuming equal dampers at all storeys, the linear damping coefficient of each damper results equal to (from Eq. (22)):

$$c_L = \frac{0.20 \cdot (2\pi/1.55) \cdot (7500/9.81) \cdot (3 + 1)}{\cos(27^\circ)^2} = 3131 \text{ kN s/m} \quad (36)$$

##### STEP 3:

The normalized first mode shape as obtained from the modal analysis (Fig. 11) has been used to evaluate the structural response of the model according to the what detailed in Section 6. Table 2 reports the

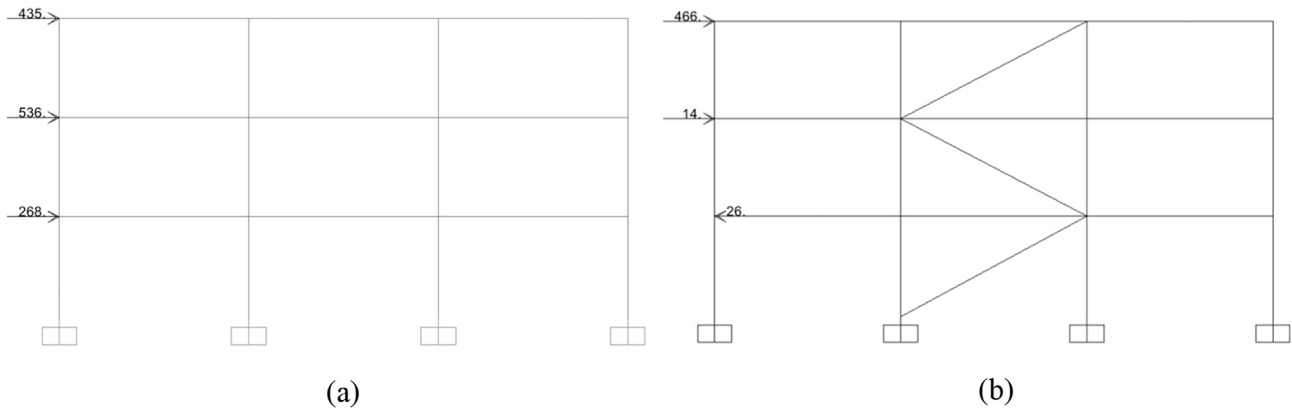


Fig. 12. (a) Equivalent lateral forces according to ESA1; (b) Equivalent lateral forces according to ESA2.

predictions of peak floor displacements, inter-storey velocities and maximum damper forces. Note that  $M_i$  and  $r_i$  values are set equal to 1.0, while  $\lambda$  is set equal to 0.85.

STEP 4:

Since linear fluid viscous dampers are assumed, the  $\alpha$  exponent is equal to 1.0 and the damping coefficient of the damper is equal to the linear damping coefficient  $c_L$  as evaluated in STEP 2 (Eq. (36)).

The minimum required axial stiffness of the dissipative brace results equal to (from Eq. (15)):

$$k_{axial} \geq 10 \cdot 3131 \cdot (2\pi/1.55) = 7728 \text{ kN/m} \quad (37)$$

STEP 5:

The two equivalent lateral force distributions to be used to perform the equivalent static analyses ESA1 and ESA2 are illustrated in Fig. 12.

11.1.3. Final verification through time-history analyses

Non-linear time-history simulations have been performed to compare the predicted peak responses with the results of the numerical simulations. First, the global responses of all models in terms of average (over the 10 time-histories) base shear,  $V_{base}$ , vs. average (over the 10 time-histories) maximum roof displacement,  $D_{roof}$ , as obtained from the time-history simulations, are graphically represented in Fig. 13a, together with the pushover curve of the bare frame [19,28]. The blue arrows compare the responses of models with and without added dampers. In all cases the reduction of the peak roof displacement due to the presence of the viscous dampers is larger than 50%. The green arrows compare the responses of non-linear and corresponding linear model. It can be noted that the model E1Bx3-NL exploits a full inelastic response with a base shear reduction of 2.6 times with respect to the

Table 3

Main response quantities (model E1Dx1-L/L).

Peak response quantity	Storey	TH (non-linear time-history results)	P (predictions)	$\frac{P-TH}{TH}$ (relative error)
Floor displacements [m]	1	0.04	0.04	2
	2	0.08	0.10	25
	3	0.11	0.15	36
Inter-storey velocities [m/s]	1	0.22	0.16	-25
	2	0.23	0.24	5
	3	0.16	0.20	24
Damper forces [kN]	1	625	472	-24
	2	640	692	8
	3	458	566	24

linear response. The black arrow indicates the whole reduction. The base shear is reduced of 3.1 times, while the top-storey displacement is reduced of 2.4 times. The two red arrows indicate the following two reductions: base shear of the bare frame over yielding strength ( $\eta_q = V_{base,B}/V_{base,y}$ ) and roof displacement of the damped frame with respect to the yielding displacement ( $\eta_\xi = D_{roof,D}/D_{roof,y}$ ). The histogram reported in Fig. 13b summarizes the values of the reduction factors of the base shear and of the roof displacement as obtained from the numerical simulations for the unscaled seismic input and the magnified seismic input, respectively. The reductions are computed as the ratio between the peak response quantity of the damped structure and the

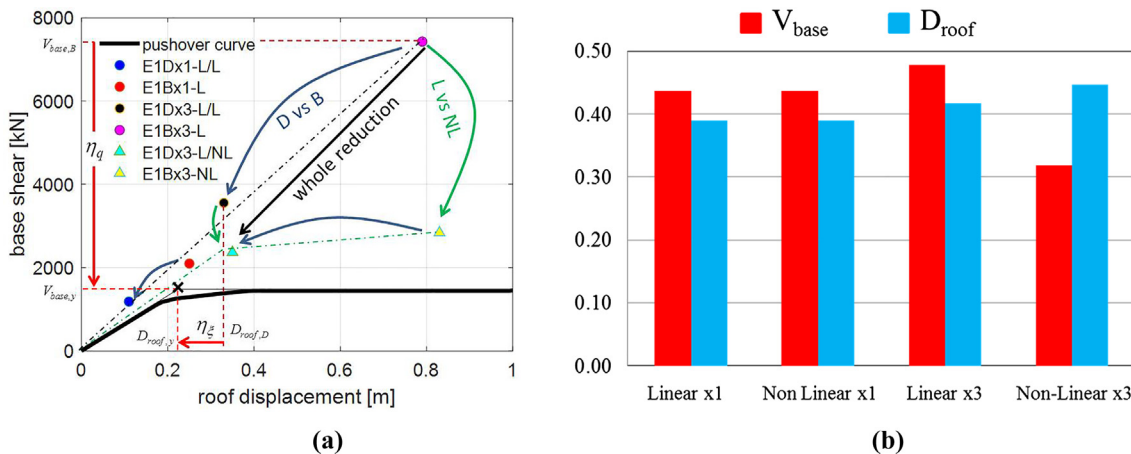


Fig. 13. (a) Force displacement responses from pushover analysis and time-history analyses. (b) Histogram of the base shear and peak roof displacement reduction factors.

**Table 4**  
Main response quantities (model E1Dx3-L/NL).

Peak response quantity	Storey	TH (non-linear time-history results)	P (predictions)	$\frac{P-TH}{TH}$ (relative error)
Floor displacements [m]	1	0.11	0.13	14
	2	0.24	0.31	29
	3	0.33	0.46	39
Inter-storey velocities [m/s]	1	0.63	0.50	–20
	2	0.62	0.73	18
	3	0.43	0.60	40
Damper forces [kN]	1	1790	1416	–21
	2	1762	2077	18
	3	1218	1699	40

peak response quantity of the linear bare frame.

Tables 3 and 4 compare selected response parameters as obtained from the non-linear time-history analyses with the predictions of STEP 3 for the models E1Dx1-L/L and E1Dx3-L/NL, respectively. Included in the tables are: (a) peak floor displacements, (b) peak inter-storey velocities, (c) peak damper forces.

It can be noted that the predictions of the peak floor displacements are conservative, especially at the roof storey. On the contrary the peak inter-storey velocities are under-estimated at the ground storey, while are conservative at the roof storey. This is due to the fact that in this example case all  $M_i$  and  $r_i$  values are set equal to 1.0, while results of previous studies developed by the authors [27] indicate that  $M_i$  values tend to be larger at the bottom storeys and reduce at the top storeys. Nonetheless, since a comprehensive parametric study is necessary to calibrate such coefficients (accounting, for instance, for different structural configurations and seismic inputs) a constant (along-the-height) unitary value has been chosen. This is the reason why the accuracy in the prediction of peak floor displacement and inter-storey

velocities is rather limited.

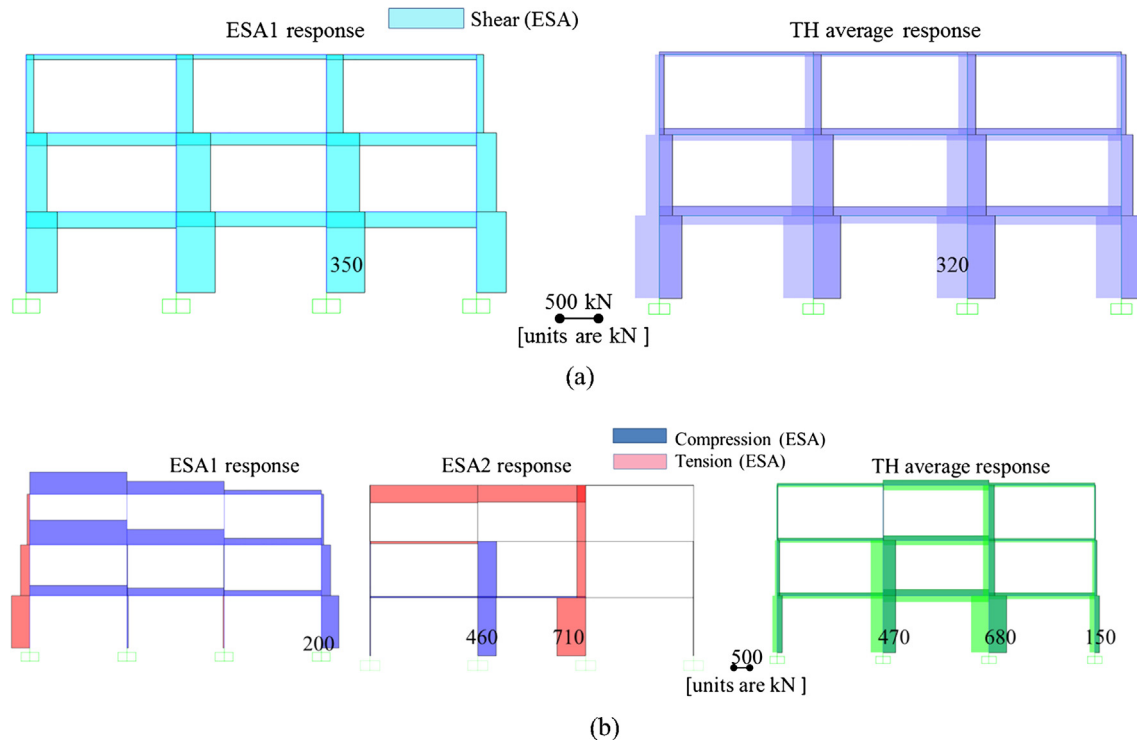
The peak internal actions (shear and axial forces) as obtained from the two equivalent static analyses and from the average response envelope over the 10 time history analyses (also referred to as TH average) performed on model E1Dx1-L/L are compared in Fig. 14a and b, respectively. In Fig. 14a, the cyan diagram refers to the equivalent static analyses, while the light blue diagram refers to the TH average response. Note that the cyan diagram represents the response (shear) as obtained from ESA1 only. In Fig. 14b, the two red and blue diagrams represent the response (axial load) as obtained from ESA1 and ESA2, respectively, while the green diagram refers to the TH average response. In this case it can be noted that the discrepancies are within 10% so that the accuracy of the predictions is acceptable for structural engineering purposes.

### 11.2. Example 2: 10-storey frame

Example 2 is a 10-storey steel framed structure supposed to be located in a high risk seismic region of south Italy. The building has a regular plan with constant span width of 6.00 m. The building height is 35 m with a constant inter-storey height  $H = 3.5$  m. The frames are composed by columns and beams with HE and IPE cross section profiles, respectively. Rigid connections between columns and beams are considered. At each floor a total vertical load (dead load plus live load) of 10 kN/mq is considered. The building seismic weight results equal to 10,800 kN. It is assumed to make use of commercial viscous dampers characterized by a damping exponent  $\alpha = 0.15$  with two different sizes along the building height: one for the first five bottom storeys, the other for the remaining five top storeys. The plan view, elevation and dampers disposition are displayed in Fig. 15.

#### 11.2.1. The FE models and the seismic input

The SAP2000 finite element model and the pushover curve of example 2 frame are displayed in Fig. 16. The first period of vibration is equal to  $T_1 = 3.2$  s. The same set of artificial ground motions utilized in



**Fig. 14.** Comparison of the peak internal actions from the ESA procedure (blue diagrams) and from the average envelope response over the 10 time history analyses (red diagrams): (a) shear force diagrams; (b) axial force diagrams.

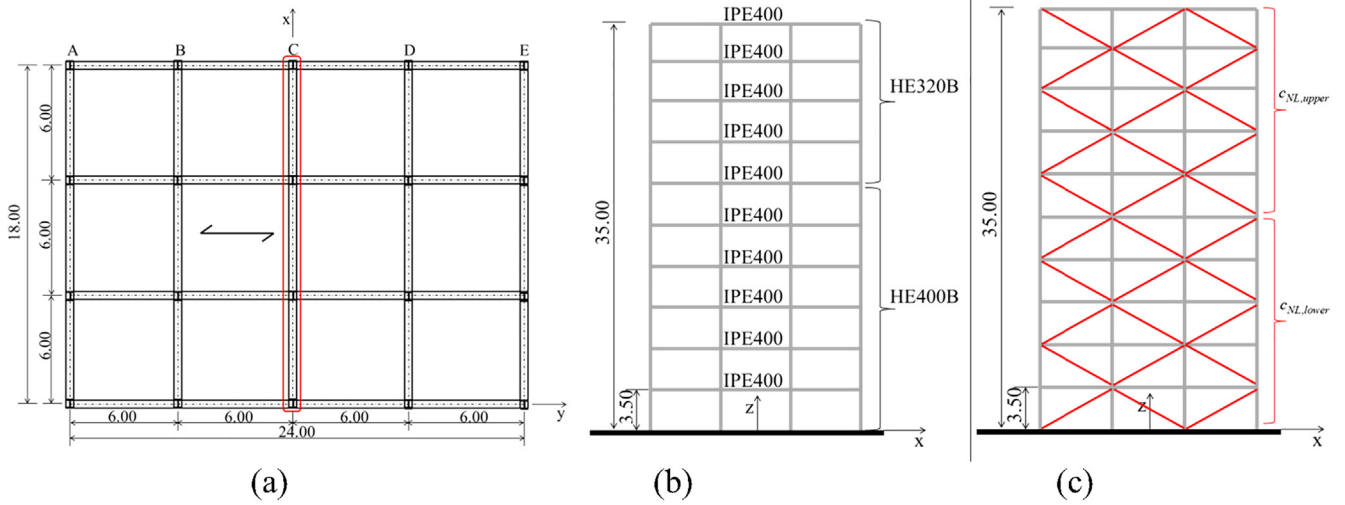


Fig. 15. Example 2 building: (a) plan view; (b) elevation view; (c) dampers placement.

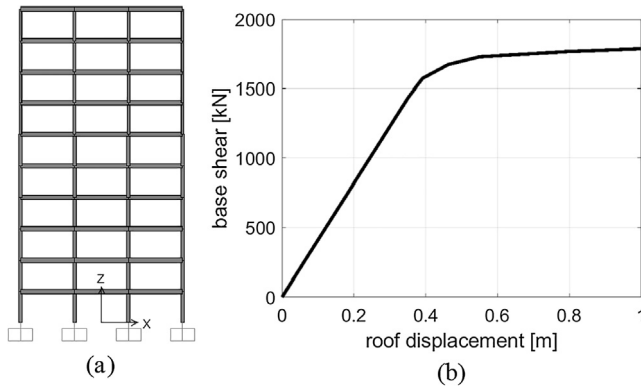


Fig. 16. Example 2 frame: (a) SAP2000 bare frame model. (b) Pushover curve.

Table 5

The FE models of Example 2 frame with and without added dampers.

Model name	Dampers type	Frame behaviour	Scaling factor
E2Dx1-NL/NL	Non-Linear	Non-Linear	1.0
E2Dx3-L/L	Linear	Linear	3.0
E2Dx3-NL/NL	Non-Linear	Non-linear	3.0
E2Bx1-NL	No dampers (Bare frame)	Non-Linear	1.0
E2Bx3-L	No dampers (Bare frame)	Linear	3.0
E2Bx3-NL	No dampers (Bare frame)	Non-linear	3.0

Example 1 is used to perform the analyses. The ordinate of the mean pseudo-acceleration spectrum at  $T_1$  is equal to 0.17 g. Similarly to Example 1 frame, the non-linear behaviour of the frame elements is modelled through plastic hinges located at both beams and columns ends assuming an elastic-perfectly plastic material behaviour (the stress at plastic capacity is set equal to 450 MPa, Young modulus is set equal to 210,000 MPa). The influence of the axial load on the plastic bending moment of the columns has been considered by applying the reduction factor  $k = 1.11 \cdot (1 - N_{max}/N_p)$  to the full plastic capacity (corresponding to zero axial load) of the columns [3].  $N_{max}$  being the maximum axial load in the column.

A rough estimate of the elastic base shear, based on first mode response, would lead to  $V_{base,5\%} \cong \lambda \cdot W_{tot} \cdot S_{e,5\%}(T_1) = 1560$  kN (assuming  $\lambda = 0.85$ ). Since the base shear demand is close to the yielding base shear, no significant excursion into the inelastic field is expected considering the unscaled records. As such, similarly to what done in the previous example, the seismic analyses have been conducted

considering both the unscaled seismic input and the magnified seismic input (with a scaling factor equal to 3.0) so that significant excursion into the inelastic field are expected. The considered FE models are listed in Table 5.

#### 11.2.2. Application of the “direct five-step procedure” to E2Dx1-NL/NL model

For the sake of conciseness, hereafter the calculations are explicitly developed for model E2Dx1-NL/NL (a unitary behaviour factor  $q = 1.0$  is assumed since no significant excursions into the inelastic field are expected).

##### STEP 1:

Assuming a target viscous damping ratio  $\bar{\xi}_v = 0.25$ , Eq. (2) leads to:

$$\bar{\eta}(\bar{\xi}) = \sqrt{\frac{10}{5 + 5 + 25}} = 0.53 \quad (38)$$

This means that the peak displacements of the damped system are expected to be equal to 53% of the ones of the corresponding bare frame system, or equivalently that the displacement response is reduced by 47%.

##### STEP 2:

The ratio between the equivalent linear damping ratio of the two damper sizes is set equal to  $\frac{c_{L,upper}}{c_{L,lower}} = \frac{2}{3}$ . According to this assumption, the use of Eq. (3) leads to  $c_{L,lower} = 3217$  kN s/m and  $c_{L,upper} = 2144$  kN s/m.

##### STEP 3:

The normalized first mode shape as obtained from the modal analysis has been used to evaluate the structural response of the model according to the procedure detailed in Section 3. Table 6 reports the

Table 6

Prediction of the peak floor displacements and peak inter-storey velocities (E2Dx1-NL/NL model).

Storey	Floor displacements [m]	Inter-storey velocities [m/s]
1	0.023	0.097
2	0.063	0.174
3	0.107	0.189
4	0.150	0.185
5	0.190	0.171
6	0.225	0.155
7	0.260	0.150
8	0.287	0.117
9	0.307	0.083
10	0.318	0.049



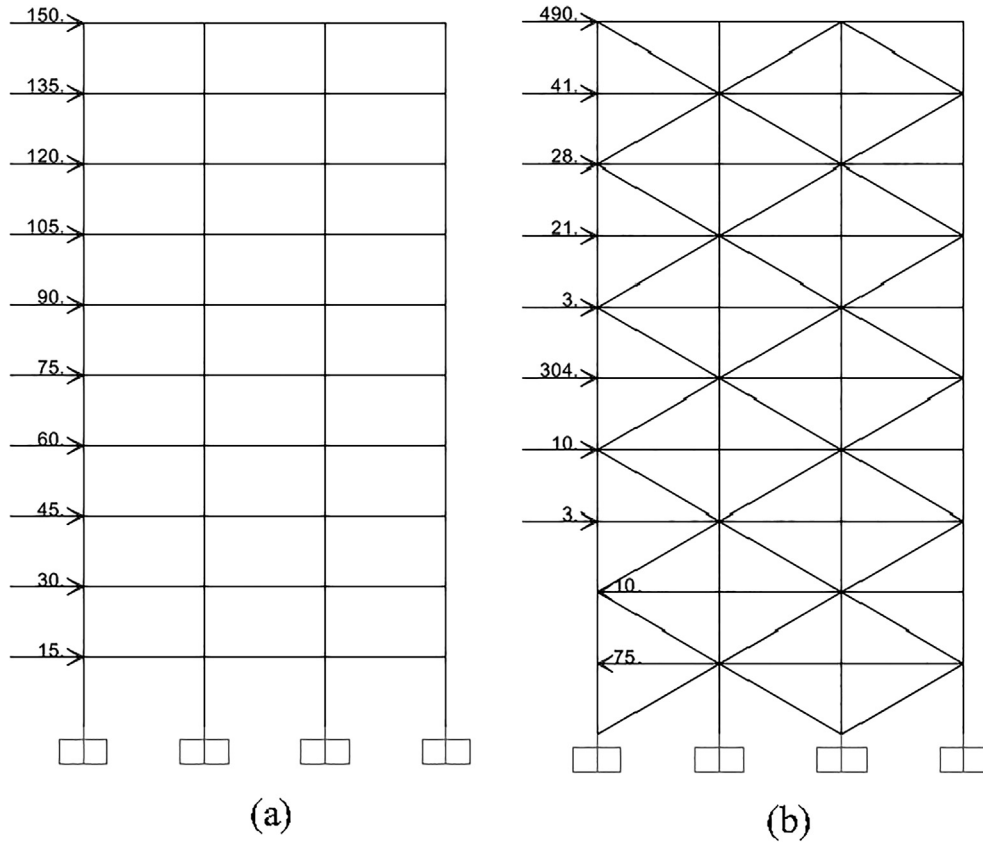


Fig. 17. (a) Equivalent lateral forces according to ESA1; (b) Equivalent lateral forces according to ESA2.

predictions of peak floor displacements and inter-storey velocities. Note that the values of  $M_i$  at all storeys are set equal to 2.2 (according to Eq. (7) of [27]),  $r_i$  values are set equal to 1.0, while  $\lambda$  is set equal to 0.85.

#### STEP 4:

Non-linear fluid viscous dampers are assumed with  $\alpha$  exponent equal to 0.15. Since only two different damper sizes are intended to be used, the values of the non-linear damping coefficients  $c_{NL,lower}$  and  $c_{NL,upper}$  corresponding to  $c_{L,lower}$  and  $c_{L,upper}$  are calculated using Eq. (13) with the average working velocity  $v_{max}$  as per Eq. (26) magnified with a constant  $M$  factor equal to 2.2 at all storeys. As such, the values of the damping coefficient of the non-linear commercial dampers result equal to  $c_{NL,lower} = 471 \text{ kN (s/m)}^{0.15}$  and  $c_{NL,upper} = 314 \text{ kN (s/m)}^{0.15}$ . The minimum required axial stiffness of the dissipative brace results equal

to  $k_{axial} = 42,500 \text{ kN/m}$  (from Eq. (15)).

#### STEP 5:

The two sets of equivalent lateral forces to be used to perform the equivalent static analyses ESA1 and ESA2 are graphically shown in Fig. 17.

#### 11.2.3. Final verification through time-history analyses

Fig. 18a displays the global responses of all models in terms of average (over the 10 time-histories) base shear vs. average (over the 10 time-histories) maximum roof displacement, as obtained from the time-history simulations, together with the pushover curve of the bare frame. Fig. 18b displays the histogram of the reduction factors of the base shear and of the roof displacements for the unscaled seismic input (both

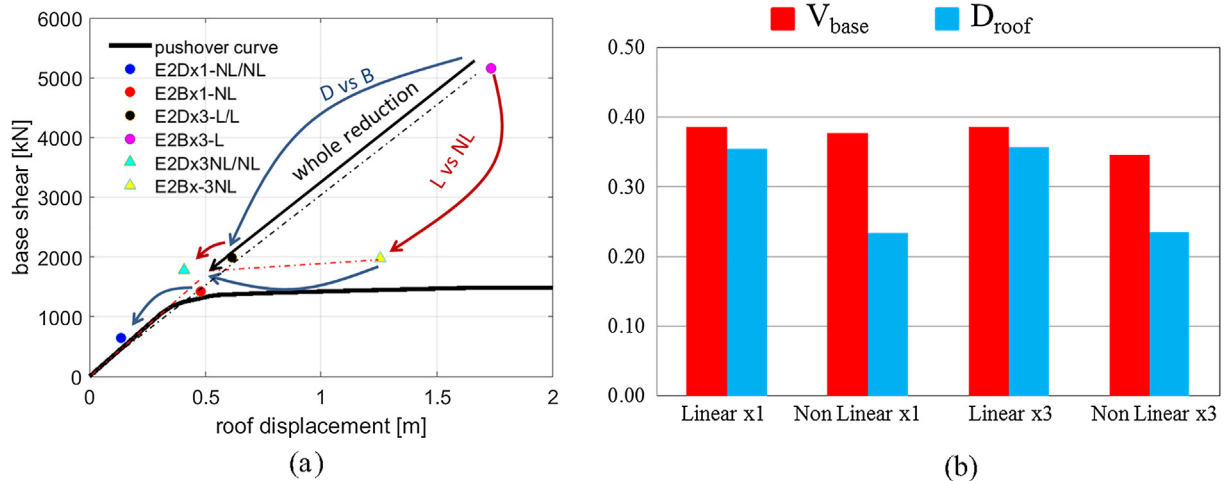


Fig. 18. (a) Force displacement responses from pushover analysis and TH analyses; (b) Histogram of the base shear and peak roof displacement reduction factors.

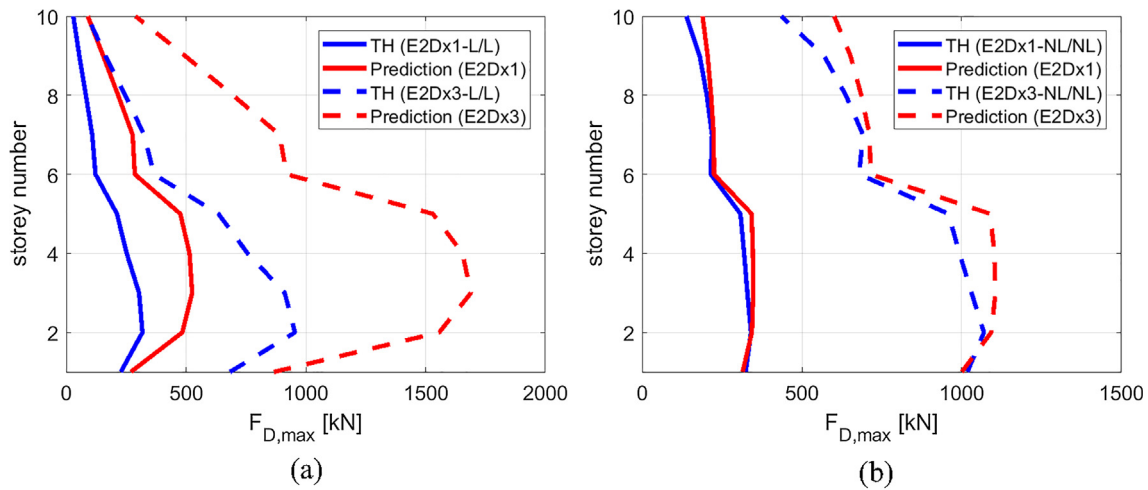


Fig. 19.  $F_{D,max}$  profiles from: (a) linear TH analysis; (b) non-linear TH analysis.

results of linear and non-linear models) and the magnified seismic input (both results of linear and non-linear models). For both linear models (e.g. linear dampers and linear elastic frames), the base shear and roof displacement are reduced by the same amount (roughly 2.5 times). For the non-linear models (e.g. non-linear dampers and non-linear frames), the values of the base shear reduction are similar to the ones observed for the linear models (around 0.4 corresponding to a reduction of roughly 2.5 times), while the roof displacement is reduced by more than 3 times.

Fig. 19 displays the along-the-height profile of the peak forces in the viscous dampers as obtained from the numerical simulations (average values over the 10 time-histories) and according to the direct-five step procedure for models E2Dx1-L/L and E2Dx3-L/L models (Fig. 19a) and E2Dx1-NL/NL and E2Dx3-NL/NL models (Fig. 19b). It can be noted that the assumption of equal values of  $M = 2.2$  at all storeys leads to an overestimation of the peak damper forces, especially in the upper storeys of the linear cases (Fig. 19a). This is in line with the results obtained by the authors in a previous work [27] which revealed that, for long period structures, the maximum inter-storey velocity magnifications are concentrated in the few bottom storeys. In order to have less conservative estimations of the peak forces at the upper storeys, it is convenient to use values of the  $M$  factor closer to 1.0. However, as mentioned in Section 6, the accurate estimation of the peak-inter-storey velocities is out of the scope of the previous work and will be the objective of a future study. In the non-linear cases (Fig. 19b), the peak damper forces can be more accurately predicted since the damper forces in the range of large velocities are less sensitive to a change in the

velocity (see the force–velocity diagram represented in Fig. 5b). The sudden variation of the along-the-height profiles depends on the variation in the value of the non-linear damping coefficient above the fifth storey. The discrepancies between the predictions and the average response of the non-linear time history analyses are due to the fact that the values of all non-linear damping coefficients are computed making use of a kind of “average” inter-storey velocity (namely equal values at all storeys) in STEP 4 of the “direct five-step procedure”. Again, if an accurate prediction is required, a more precise estimation of the maximum velocities in the non-linear dampers can be used (see the original “five-step procedure” by [35]).

Fig. 20a and b display the peak floor displacement profiles and the maximum damper velocity profiles, respectively, as obtained from the numerical simulations (average values over the 10 time-histories) and according to the direct-five step procedure for E2Dx1-NL/NL, E2Dx1-L/L, E2Dx3-NL/NL and E2Dx3-L/L models. It can be noted that the estimations of the peak floor displacements are conservative at all storeys. On the contrary, the peak inter-storey velocities are quite well estimated at the two bottom storeys, while they become too conservative at the upper storeys. This is again due to simplified assumption of equal magnification factor  $M = 2.2$  at all storeys.

Fig. 21 compares the peak internal axial forces in the structural members (beams and columns) as obtained from the two equivalent static analyses (red and blue diagrams) and from the average TH response (green diagram) performed on model E1Dx3-NL/NL. Note that, the estimation of the peak axial forces according to the equivalent static procedure here proposed is then obtained from the envelope of the two

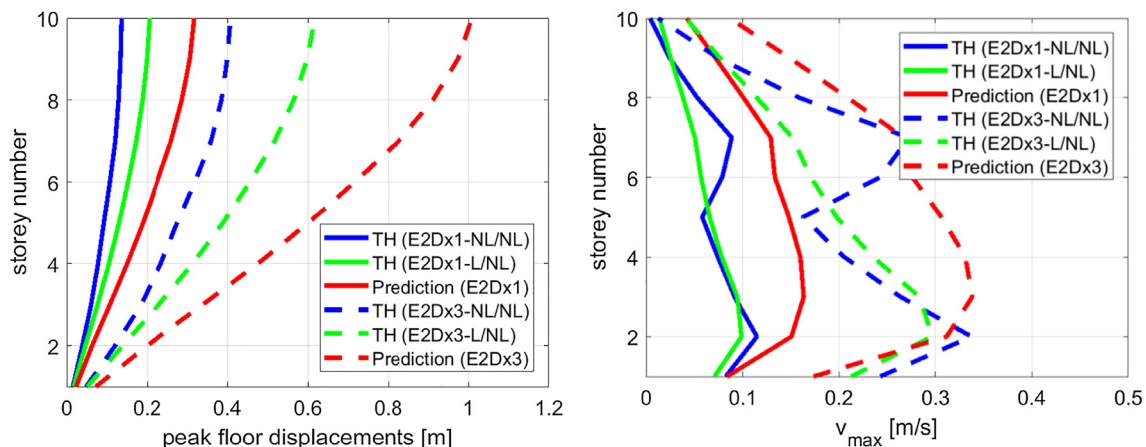


Fig. 20. (a) Peak floor displacement profiles; (b) Peak inter-storey velocity profiles.

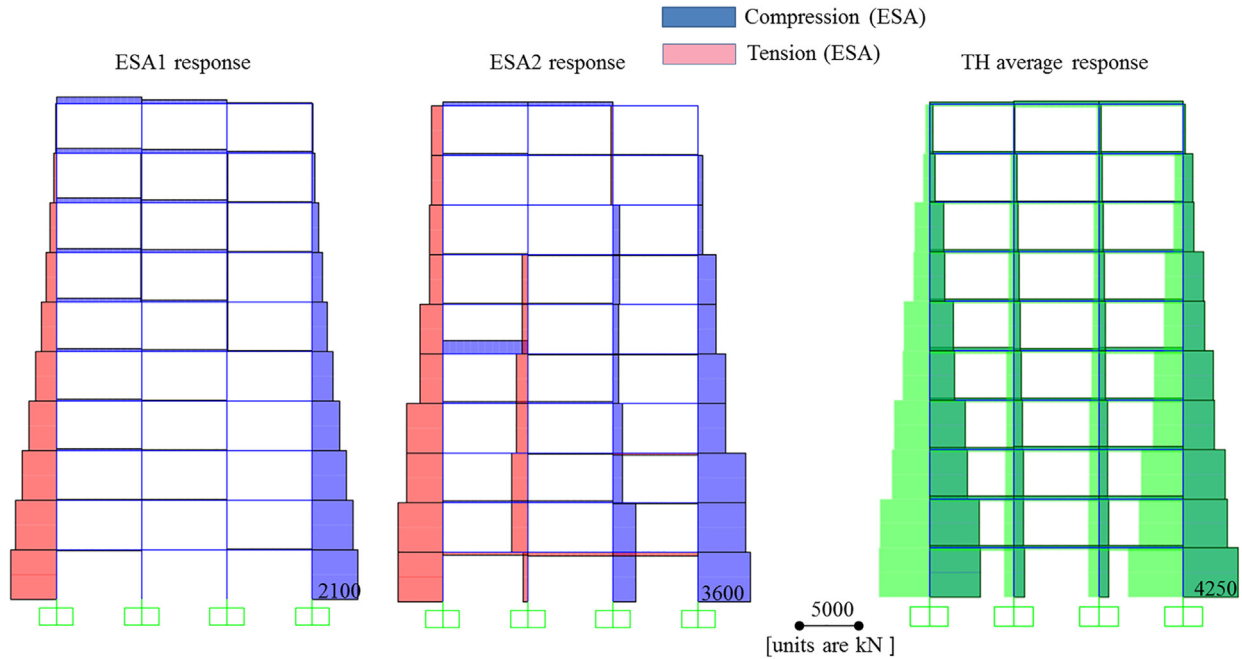


Fig. 21. Axial forces as obtained from ESA1, ESA2 and from the average response over the 10 time history analyses.

diagrams from the ESA1 and ESA2 analyses. In this case it can be noted that the discrepancies are within 20% so that the accuracy of the predictions can be considered acceptable for preliminary design purposes.

### 13. Conclusions

A “direct five-step design procedure” for the preliminary seismic design of frame structures equipped with inter-storey viscous dampers has been presented. The procedure is aimed at guiding the structural engineer from the choice and sizing of the added viscous dampers to the evaluation of peak internal actions in both dampers and structural members for their preliminary sizing. It allows to obtain direct estimations/predictions of peak floor displacements, peak inter-storey drifts and velocities, maximum forces in the dampers and maximum internal actions in the structural elements with no need of developing numerical dynamic time-history analyses. The proposed estimates are based on an assumed elastic first mode shape modified through various correction coefficients accounting for higher modes contributions and inelastic frame behaviour. Although the procedure can be further improved through an accurate calibration of those correction coefficients

(accounting for higher modes contribution and non-linear frame behaviour), it produces results of sufficient accuracy for the sake of preliminary design of regular moment-resisting frames. Nonetheless, at the present stage, the final design has to be developed through non-linear time-history analyses. Thanks to its simplicity, the proposed procedure can be very helpful to professional engineers not dealing everyday with the seismic design of structures equipped with added viscous dampers and not expert with the development of computer based time-history analyses. At the same time it may be also used as simple tool to check the results of more complex design procedures or even time-history numerical simulations.

### Acknowledgments

Financial supports of Department of Civil Protection (DPC-Reluis 2014–2018 Grant—Research line 6: “Seismic isolation and dissipation”) is gratefully acknowledged.

We would like to also thank the two anonymous reviewers for their suggestions and comments, which contributed to significantly improve the quality of the paper.

### Appendix A. Dynamics of a damped SDOF portal frame

Let us consider the single-storey portal frame equipped with a viscous damper incorporated in a diagonal member inclined at an angle  $\theta$  with respect to the horizontal direction and subjected to a horizontal ground acceleration  $\ddot{u}_g(t)$ , as depicted in Fig. A1a.  $m$  is the total mass of the system,  $k$  is the lateral stiffness. Let us assume that the beam is infinitely rigid and the diagonal member (upon which the damper is installed) is axially inextensible. On the contrary, let us consider the axial deformability of the columns, which allows the vertical displacements of nodes C and D and the rigid rotation of the beam. By lumping the beam mass in node C and by condensing the displacements of node D, the system can be idealized as the 2-DOF system represented in Fig. A1b. The two degrees of freedom are the horizontal displacement  $u_h$  of node C (beam) and the vertical displacement  $u_v$  of node C. The circular frequency of the first mode of vibration (translational mode along the horizontal direction) is  $\omega_h$  and the corresponding period of vibration is:  $T_1 = \frac{2\pi}{\omega_h}$ .

The dynamic equilibrium equations of the 2-DOF system can be written as follows:

$$\begin{cases} f_{ih} + f_{dh} + f_{sh} = 0 \\ f_{iv} + f_{dv} + f_{sv} = 0 \end{cases} \quad (A1)$$

or, equivalently:

$$\begin{cases} m\ddot{u}_h + c_h\dot{u}_h + c_{hv}\dot{u}_v + k_h u_h = -m\ddot{u}_g(t) \\ m\ddot{u}_v + c_{hv}\dot{u}_h + c_v\dot{u}_v + k_v u_v = 0 \end{cases} \quad (A2)$$

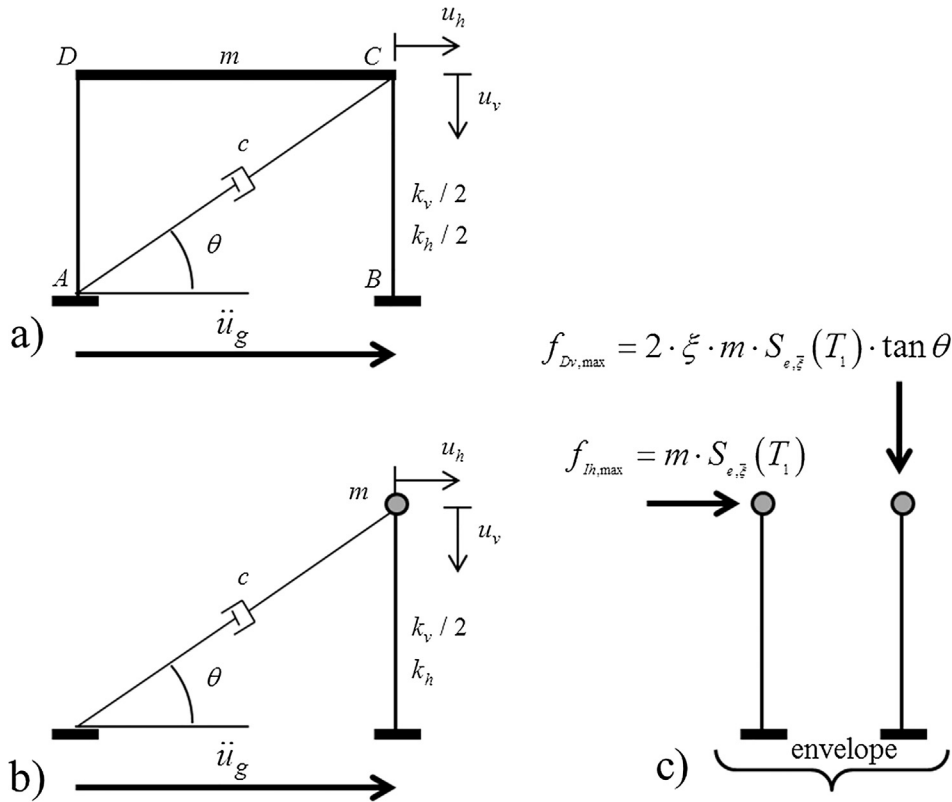


Fig. A1. (a) The portal frame with a diagonal viscous damper; (b) the 2-DOF damped system; (c) the two equivalent static analyses.

where  $f_{lh}$  and  $f_{lv}$  are the inertia forces along the horizontal and the vertical directions, respectively;  $f_{Dh} = f_D \cdot \cos \theta$  and  $f_{Dv} = f_D \cdot \sin \theta$  are the damping forces along the horizontal and the vertical directions, respectively;  $f_{Sh}$  and  $f_{Sv}$  are the elastic (or restoring) forces along the horizontal and the vertical directions, respectively;  $m$  is the mass;  $k_h$  and  $k_v$  are the horizontal and the vertical translational stiffness of the frame;  $c$  is the damping coefficient of the linear viscous damper;  $c_h = c \cdot \cos^2 \theta$ ,  $c_{hv} = c \cdot \cos \theta \cdot \sin \theta$  and  $c_v = c \cdot \sin^2 \theta$  can be easily determined by applying the direct method [11] to the damping forces;  $\ddot{u}_g(t)$  is the earthquake ground acceleration along the horizontal direction.

The presence of the inclined damper couples the motion along the horizontal and vertical directions, even though only the horizontal component of the ground motion is considered. Nonetheless, for common values of the  $k_v/k_h$  ratio, it is possible to neglect, in the first equation of the system given by Eq. (A2), the force proportional to the vertical velocity thus leading to the following uncoupled equation:

$$m\ddot{u}_h + c_h \dot{u}_h + k_h u_h = -m\ddot{u}_g(t) \quad (A3)$$

which is coincident with the standard equation of motion of an SDOF system as subjected to earthquake input. From basic concepts of structural dynamics [11] it is known that, at the time instant ( $t_1$ ) of maximum horizontal displacement ( $u_h(t_1) = u_{h,max}$ ) and maximum horizontal acceleration ( $\ddot{u}_h(t_1) = \ddot{u}_{h,max}$ ), the horizontal velocity and the damper force are null ( $\dot{u}_h(t_1) = 0$ ). At this time instant, Eq. (A3) becomes:

$$m\ddot{u}_{h,max} + k_h u_{h,max} = -m\ddot{u}_g \quad (A4)$$

where  $\ddot{u}_g$  indicates the ground acceleration at the time instant  $t_1$ . Eq. (A4) can be rewritten as:

$$m(\ddot{u}_{h,max} + \ddot{u}_g) = -k_h \cdot u_{h,max} = f_{Sh,max} \quad (A5)$$

The maximum horizontal restoring force ( $f_{Sh,max}$ ) is then estimated from the spectral acceleration  $S_{e,\xi}(T_1)$  as evaluated at the  $T_1$  and related to the amount of damping ratio  $\xi$  corresponding to the damping coefficient  $c$  of the diagonal viscous damper. Eq. (A5) is a static equation whose solution allows to estimate the internal actions at the instant of maximum horizontal displacement. This concept represents the basis of the method of equivalent static forces. It is clear that the effect of the damper is to reduce the maximum horizontal inertia force and thus to reduce the maximum horizontal internal action. If the horizontal peak velocity  $\dot{u}_{h,max}$  is estimated from the velocity spectrum (e.g.  $S_{e,\xi}(T_1) \cdot \frac{T_1}{2\pi}$ ) the peak damper force may be obtained as follows:

$$f_{D,max} = \frac{c_h \cdot S_{e,\xi}(T_1)}{\omega_h \cdot \cos \theta} \quad (A6)$$

Once  $f_D(t)$  is known, the second equilibrium equation of Eq. (A2) can be rewritten as follows:

$$m\ddot{u}_v + c_v \dot{u}_v + k_v u_v = -f_D(t) \cdot \sin \theta = -f_{Dv}(t) \quad (A7)$$

which is the equation of a SDOF system subjected to an external force equal to  $f_{Dv}(t)$ . Rigorously, the determination of the vertical elastic force requires the solution of the above differential equation. The maximum vertical dynamic response is achieved when the damper force is at its maximum value, i.e. at time instant ( $t_2$ ) of maximum horizontal velocity ( $\dot{u}_h(t_2) = \dot{u}_{h,max}$ ), null horizontal displacement ( $u_h(t_2) = 0$ ) and null horizontal acceleration ( $\ddot{u}_h(t_2) = 0$ ). Nonetheless, given that, for common frame structures, the vertical stiffness  $k_v$  is much larger than the horizontal

stiffness  $k_h$  and, consequently, the mode of vibration along the vertical direction has a natural frequency that is a much larger than the one associated to the first mode, the dynamic amplification of the vertical motion (induced by the horizontal motion) can be neglected. As such, the maximum elastic force along the vertical direction can be estimated through a simple static analysis:

$$k_v u_{v,\max} = f_{Dv,\max} = f_{Dv} \cdot \sin\theta = c_h \cdot \frac{S_{e,\xi}(T_1)}{\omega_h} \cdot \tan\theta = 2 \cdot \xi_v \cdot m \cdot S_{e,\xi}(T_1) \cdot \tan\theta \quad (\text{A8})$$

Note that the solution of the static equilibrium equation (Eq. (A8)) allows to obtain the internal actions which are in equilibrium with the peak damper forces at the instant of maximum horizontal velocity. It is thus clear that such internal actions do not have to be added to the ones obtained from the solution of Eq. (A5), since they are referred to different time-instants.

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