



# Free amino acids, including canavanine, in the seeds from 32 *Vicia* species belonging to subgenus *Vicilla*



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## ABSTRACT

The free amino acid composition of the seeds from 32 *Vicia* species has been determined. Free amino acids ranged from 0.25 g/100 g flour in *V. onobrychoides* to 3.94 g/100 g flour in *V. incana*. Canavanine and metabolically related amino acids were the most abundant. Canavanine by itself was the most abundant in many species, especially those belonging to sections *Cracca* and *Panduratae*. Section *Cracca* includes the species with the highest contents in canavanine, going from as low as 0.09 g/100 g flour in *V. sicula* to as much as 3.27 g/100 g flour in *V. incana*. Our results show that several *Vicia* species are very rich in canavanine and may represent a source of this amino acid for functional applications.

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## 1. Introduction

In legumes, secondary compounds include polyphenols, alkaloids, and free amino acids. Free amino acids include the 20 amino acids found in proteins, and non-protein amino acids. The latter have been traditionally considered antinutritional compounds. There are several examples of these amino acids in *Vicia*. Thus,  $\beta$ -Cyano-L-alanine is present in subgenus *Vicia*, including *V. sativa* (Megías et al., 2014), and canavanine is found in subgenus *Vicilla*, including *V. disperma* (Megías et al., 2015).

Canavanine is an arginine analogue that is incorporated into proteins in plant predators, resulting in aberrant non-functional proteins (Rosenthal and Dahlman, 1991). In addition to defense from predators, canavanine has been related with drought tolerance (Enneking, 1995) and allelopathy (Nakajima et al., 2001).

Despite its antinutritional properties, canavanine is also considered a functional compound since inhibits cell proliferation (Bence et al., 2002) and induces apoptosis (Jang et al., 2002). Another interesting property of canavanine is the selective inhibition of inducible nitric oxide (NO) synthase. This could limit excessive NO during inflammatory or infectious diseases, without affecting constitutive NO production (Teale and Atkinson, 1994; Abd El-Gawad and Khalifa, 2001).

The presence of canavanine in *Vicia* species belonging to subgenus *Vicilla* was described more than 40 years ago using thin layer chromatography (Bell and Tirimanna, 1965). We have now carried out quantification of free amino acids, including

canavanine, in 32 species belonging to subgenus *Vicilla*, by RP-HPLC. The main objective was to screen *Vicia* species belonging to subgenus *Vicilla* for new taxa that could be of interest as sources of canavanine or other free amino acids.

## 2. Experimental

### 2.1. Materials

D, L  $\alpha$ -aminobutyric acid, amino acid standards and acetonitrile were from Sigma-Aldrich. Diethyl ethoxymethylenemalonate was from Fluka. All other chemicals were of analytical grade.

### 2.2. Plant material

*Vicia* seed samples were provided by the following seedbanks: Centro de Recursos Fitogenéticos, Spain; Margot Forde Forage Germplasm Centre, New Zealand; Gene Bank Gatersleben, Germany; Millennium Seed Bank, United Kingdom; National Plant Germplasm System, USA and Gene Bank Department Division, Czech Republic. *V. benghalensis*, *V. disperma* and *V. monardii* were collected in southern Spain and identified by the authors.

### 2.3. Determination of free amino acids

*Vicia* seeds were ground and the resulting flour was extracted by stirring in aqueous ethanol (10% (w/v) in 60% (v/v) ethanol) for 1 h. The pellets after centrifugation at 12000g for 20 min were extracted twice more, and the combined supernatants were used for determination of free amino acids by RP-HPLC. Free amino

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**Table 1**

Free amino acid composition of *Vicia* species. Data are the average  $\pm$  standard deviation of the number of populations analyzed (n). Duplicates of each population were carried out.

Amino acids (g/100 g amino acids)	Sec. <i>Cassubiae</i> <i>V. cassubica</i>	Sec. <i>Cassubiae</i> <i>V. orobus</i>	Sec. <i>Cracca</i> <i>V.benghalensis</i>	Sec. <i>Cracca</i> <i>V. cirrhosa</i>	Sec. <i>Cracca</i> <i>V. costata</i>	Sec. <i>Cracca</i> <i>V. cracca</i>	Sec. <i>Cracca</i> <i>V. dasycarpa</i>	Sec. <i>Cracca</i> <i>V. disperma</i>	Sec. <i>Cracca</i> <i>V. eriocarpa</i>	Sec. <i>Cracca</i> <i>V. glauca</i>
Aspartic acid	9.91	4.38	1.91	4.01	4.80 $\pm$ 0.21	5.18 $\pm$ 1.02	11.98 $\pm$ 10.61	2.29	5.84 $\pm$ 0.47	4.48
Glutamic acid	12.91	4.23	3.86	2.75	14.32 $\pm$ 0.58	3.22 $\pm$ 0.49	3.62 $\pm$ 1.02	1.86	4.67 $\pm$ 0.42	7.19
Asparagine	30.99	3.14	3.44	3.69	13.33 $\pm$ 2.77	0.98 $\pm$ 0.07	8.97 $\pm$ 6.64	1.70	4.13 $\pm$ 1.29	2.76
Serine	0.00	3.21	0.56	0.27	0.46 $\pm$ 0.37	0.19 $\pm$ 0.03	0.31 $\pm$ 0.20	0.19	0.19 $\pm$ 0.05	1.69
Glutamine	0.00	0.00	0.41	0.00	0.00 $\pm$ 0.00	0.10 $\pm$ 0.14	0.06 $\pm$ 0.10	0.01	0.54 $\pm$ 0.29	0.00
Histidine	1.62	7.17	6.70	0.11	0.84 $\pm$ 0.84	0.78 $\pm$ 0.13	0.96 $\pm$ 0.55	1.25	0.40 $\pm$ 0.24	0.73
Glycine	1.40	0.27	0.14	0.30	2.74 $\pm$ 1.01	0.16 $\pm$ 0.01	0.24 $\pm$ 0.03	0.26	0.21 $\pm$ 0.02	0.25
Threonine	6.57	0.17	9.52	0.15	1.46 $\pm$ 0.87	0.18 $\pm$ 0.13	0.13 $\pm$ 0.05	5.48	0.46 $\pm$ 0.45	6.32
Arginine	0.00	7.62	3.07	0.42	14.58 $\pm$ 6.43	1.40 $\pm$ 0.41	4.87 $\pm$ 4.18	1.71	2.45 $\pm$ 2.46	0.91
Alanine	0.94	0.73	0.51	0.27	0.79 $\pm$ 0.19	0.53 $\pm$ 0.05	0.47 $\pm$ 0.09	0.31	0.32 $\pm$ 0.10	0.73
Proline	0.00	0.00	0.00	0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00	0.00 $\pm$ 0.00	0.00
Tyrosine	0.47	0.27	0.36	0.13	0.10 $\pm$ 0.10	0.14 $\pm$ 0.03	0.13 $\pm$ 0.05	0.11	0.11 $\pm$ 0.03	0.13
Valine	2.34	0.46	0.45	0.31	1.07 $\pm$ 0.06	0.32 $\pm$ 0.01	0.37 $\pm$ 0.14	0.13	0.51 $\pm$ 0.30	0.40
Methionine	0.00	0.00	0.43	0.00	0.00 $\pm$ 0.00	1.37 $\pm$ 0.08	1.61 $\pm$ 1.52	0.23	0.69 $\pm$ 0.15	0.48
Cysteine	0.00	0.00	0.00	0.00	0.00 $\pm$ 0.00	0.86 $\pm$ 0.30	0.59 $\pm$ 0.66	0.00	0.54 $\pm$ 0.11	2.08
Isoleucine	0.72	0.20	0.15	0.05	0.39 $\pm$ 0.16	0.18 $\pm$ 0.08	0.11 $\pm$ 0.01	0.09	0.19 $\pm$ 0.06	0.19
Tryptophan	0.00	0.00	0.30	0.00	0.00 $\pm$ 0.00	0.25 $\pm$ 0.35	0.36 $\pm$ 0.52	0.20	0.47 $\pm$ 0.19	0.18
Leucine	0.86	1.13	0.06	0.00	0.43 $\pm$ 0.04	0.23 $\pm$ 0.05	0.11 $\pm$ 0.02	0.05	0.32 $\pm$ 0.10	0.23
Phenylalanine	1.60	0.42	0.11	0.40	1.08 $\pm$ 0.33	0.39 $\pm$ 0.01	0.30 $\pm$ 0.18	0.17	0.32 $\pm$ 0.22	0.54
Lysine	0.88	0.47	0.33	0.17	0.45 $\pm$ 0.09	0.27 $\pm$ 0.03	0.18 $\pm$ 0.05	0.19	0.20 $\pm$ 0.01	0.21
Canavanine	28.86	66.10	67.67	86.94	43.14 $\pm$ 6.79	83.28 $\pm$ 2.78	64.64 $\pm$ 4.76	83.77	77.44 $\pm$ 1.63	70.49
Total free amino acids (g/100 g flour)	0.46	0.97	2.1	1.21	0.56 $\pm$ 0.16	1.87 $\pm$ 0.43	2.65 $\pm$ 0.63	2.99	1.86 $\pm$ 0.25	2.32
Canavanine (g/100 g flour)	0.13	0.63	1.42	1.05	0.24 $\pm$ 0.01	1.55 $\pm$ 0.01	1.71 $\pm$ 0.03	2.51	1.44 $\pm$ 0.00	1.64
Asp + Glu + Asn + Gln + Thr + Arg + Canav	89.2	85.6	89.9	93.7	91.6	94.3	94.3	88.0	95.5	82.2
n	1	1	1	1	3	2	3	1	2	1

Amino acids (g/100 g amino acids)	Section <i>Cracca</i>									
	<i>V. hirsuta</i>	<i>V. incana</i>	<i>V. ludoviciana</i>	<i>V. monantha</i>	<i>V. monardii</i>	<i>V. montbretii</i>	<i>V. palaestina</i>	<i>V. pseudocracca</i>	<i>V. sicula</i>	<i>V. scandens</i>
Aspartic acid	14.36 $\pm$ 3.63	1.76	3.98 $\pm$ 2.52	17.05 $\pm$ 4.90	4.05 $\pm$ 0.17	5.53 $\pm$ 1.10	3.10 $\pm$ 0.63	6.74	9.04	7.62
Glutamic acid	15.16 $\pm$ 1.40	5.10	3.89 $\pm$ 1.49	8.08 $\pm$ 1.26	2.94 $\pm$ 0.19	5.90 $\pm$ 1.33	3.05 $\pm$ 1.44	10.82	16.12	5.79
Asparagine	19.08 $\pm$ 2.35	1.96	7.21 $\pm$ 8.81	8.57 $\pm$ 2.03	3.85 $\pm$ 1.74	13.05 $\pm$ 4.00	3.25 $\pm$ 0.85	11.78	31.88	1.80
Serine	1.17 $\pm$ 0.09	0.18	0.23 $\pm$ 0.12	0.38 $\pm$ 0.13	0.30 $\pm$ 0.23	0.33 $\pm$ 0.01	0.17 $\pm$ 0.18	0.55	0.78	0.54
Glutamine	10.10 $\pm$ 13.66	0.21	2.93 $\pm$ 5.31	0.12 $\pm$ 0.12	0.16 $\pm$ 0.01	0.71 $\pm$ 0.68	0.35 $\pm$ 0.32	0.67	0.00	0.00
Histidine	0.74 $\pm$ 0.10	0.40	4.51 $\pm$ 8.56	2.31 $\pm$ 1.80	0.49 $\pm$ 0.07	0.52 $\pm$ 0.19	0.21 $\pm$ 0.23	1.74	0.97	0.30
Glycine	0.97 $\pm$ 0.28	0.27	0.15 $\pm$ 0.21	0.62 $\pm$ 0.50	0.10 $\pm$ 0.02	0.37 $\pm$ 0.11	0.23 $\pm$ 0.05	0.45	1.29	0.34
Threonine	1.05 $\pm$ 0.43	4.25	4.82 $\pm$ 5.34	0.65 $\pm$ 0.49	12.47 $\pm$ 0.42	5.46 $\pm$ 1.99	5.42 $\pm$ 3.39	0.10	4.40	0.65
Arginine	3.81 $\pm$ 0.47	0.43	11.18 $\pm$ 19.23	11.52 $\pm$ 8.71	2.70 $\pm$ 0.92	4.45 $\pm$ 4.08	2.66 $\pm$ 1.42	11.26	10.05	2.84
Alanine	1.01 $\pm$ 0.20	0.30	0.28 $\pm$ 0.16	0.93 $\pm$ 0.16	0.45 $\pm$ 0.19	0.61 $\pm$ 0.38	0.30 $\pm$ 0.11	1.00	1.63	4.72
Proline	0.00 $\pm$ 0.00	0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00	0.00	0.00
Tyrosine	0.58 $\pm$ 0.16	0.04	0.12 $\pm$ 0.06	0.29 $\pm$ 0.08	0.10 $\pm$ 0.00	0.07 $\pm$ 0.01	0.08 $\pm$ 0.05	0.13	0.29	0.47
Valine	4.01 $\pm$ 1.10	0.30	0.17 $\pm$ 0.13	0.98 $\pm$ 0.53	0.21 $\pm$ 0.11	0.52 $\pm$ 0.18	0.20 $\pm$ 0.19	0.94	0.00	0.95
Methionine	0.29 $\pm$ 0.21	0.47	0.00 $\pm$ 0.00	0.66 $\pm$ 0.70	0.42 $\pm$ 0.01	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.43	0.00	0.00
Cysteine	0.29 $\pm$ 0.30	0.49	0.00 $\pm$ 0.00	1.03 $\pm$ 0.89	0.30 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.59	0.00	0.00
Isoleucine	0.94 $\pm$ 0.60	0.13	0.07 $\pm$ 0.05	0.34 $\pm$ 0.12	0.18 $\pm$ 0.10	0.12 $\pm$ 0.04	0.09 $\pm$ 0.03	0.37	0.39	0.37
Tryptophan	0.00 $\pm$ 0.00	0.10	0.00 $\pm$ 0.00	0.11 $\pm$ 0.19	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	0.00 $\pm$ 0.00	1.16	0.00	0.00
Leucine	0.64 $\pm$ 0.28	0.18	0.06 $\pm$ 0.04	0.24 $\pm$ 0.03	0.13 $\pm$ 0.01	0.22 $\pm$ 0.14	0.27 $\pm$ 0.19	0.25	0.65	0.10
Phenylalanine	1.17 $\pm$ 0.52	0.27	0.13 $\pm$ 0.16	0.34 $\pm$ 0.30	0.22 $\pm$ 0.07	0.26 $\pm$ 0.04	0.21 $\pm$ 0.10	0.60	1.39	0.81
Lysine	0.51 $\pm$ 0.05	0.23	0.26 $\pm$ 0.16	0.36 $\pm$ 0.14	0.16 $\pm$ 0.00	0.21 $\pm$ 0.04	0.25 $\pm$ 0.15	0.42	0.54	0.28
Canavanine	24.13 $\pm$ 4.06	82.90	60.01 $\pm$ 25.72	45.44 $\pm$ 11.41	70.78 $\pm$ 2.87	61.66 $\pm$ 8.86	80.16 $\pm$ 5.09	49.97	20.54	72.41
Total free amino acids (g/100 g flour)	0.50 $\pm$ 0.02	3.94	1.49 $\pm$ 0.63	0.95 $\pm$ 0.07	2.15 $\pm$ 0.09	1.76 $\pm$ 0.58	2.92 $\pm$ 1.02	0.89	0.44	1.92

**Table 1** (continued)

Amino acids (g/100 g amino acids)		Section Cracca									
		<i>V. hirsuta</i>	<i>V. incana</i>	<i>V. ludoviciana</i>	<i>V. monantha</i>	<i>V. monardii</i>	<i>V. montbretii</i>	<i>V. palaestina</i>	<i>V. pseudocracca</i>	<i>V. sicula</i>	<i>V. scandens</i>
Canavanine (g/100 g flour)	0.12 ± 0.00	3.27	0.89 ± 0.02	0.43 ± 0.00	1.52 ± 0.00	1.09 ± 0.05	2.34 ± 0.05	0.45	0.09	1.39	
Asp + Glu + Asn + Gln + Thr + Arg + Canav n	87.8	96.6	94.0	91.5	97.0	96.7	98.0	91.3	92.0	91.1	
2	1	4	3	2	3	5	1	1	1	1	
Amino acids (g/100 g amino acids)		Sec. Cracca <i>V. tenuifolia</i>	Sec. Cracca <i>V. villosa</i>	Sec. Ervilia <i>V. ervilia</i>	Sec. Ervoides <i>V. articulata</i>	Sec. Ervum <i>V. parviflora</i>	Sec. Ervum <i>V. pubescens</i>	Sec. Ervum <i>V. tetrasperma</i>	Sec. Panduratae <i>V. cretica</i>		
Aspartic acid	2.09 ± 1.05	10.20 ± 6.58	21.98 ± 0.19	33.48 ± 9.17	7.76	12.41	9.51 ± 0.21	2.79			
Glutamic acid	2.34 ± 0.26	7.04 ± 2.37	27.52 ± 0.99	11.94 ± 0.25	10.49	9.34	5.70 ± 0.31	2.42			
Asparagine	1.63 ± 0.42	5.84 ± 3.11	19.31 ± 2.75	10.44 ± 1.73	11.49	9.63	15.87 ± 0.60	3.56			
Serine	0.11 ± 0.02	0.14 ± 0.15	0.95 ± 0.32	1.15 ± 0.29	0.72	0.25	0.49 ± 0.04	0.22			
Glutamine	0.16 ± 0.04	0.30 ± 0.09	0.42 ± 0.09	0.34 ± 0.10	0.31	0.65	0.77 ± 0.19	0.12			
Histidine	0.32 ± 0.09	2.57 ± 0.81	1.16 ± 0.07	5.99 ± 7.46	2.77	3.71	0.37 ± 0.02	0.13			
Glycine	0.12 ± 0.00	0.39 ± 0.06	2.97 ± 1.08	0.85 ± 0.45	0.37	1.85	0.20 ± 0.01	0.18			
Threonine	6.00 ± 1.15	0.27 ± 0.11	1.03 ± 0.12	0.73 ± 0.30	0.63	0.35	0.53 ± 0.04	5.76			
Arginine	0.68 ± 0.29	3.49 ± 1.50	5.34 ± 0.92	9.65 ± 0.31	36.44	47.34	9.99 ± 1.09	0.22			
Alanine	0.20 ± 0.09	0.79 ± 0.15	3.24 ± 0.86	2.06 ± 0.08	0.52	0.87	0.58 ± 0.11	0.23			
Proline	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00	0.00	0.00 ± 0.00	0.00			
Tyrosine	0.30 ± 0.02	0.17 ± 0.08	0.55 ± 0.25	0.48 ± 0.46	0.23	0.65	0.10 ± 0.03	0.08			
Valine	0.11 ± 0.01	0.56 ± 0.16	1.09 ± 0.20	0.58 ± 0.21	1.49	2.30	2.31 ± 0.18	0.28			
Methionine	0.57 ± 0.25	0.50 ± 0.07	0.12 ± 0.17	0.79 ± 0.38	0.00	0.39	0.84 ± 0.28	0.00			
Cysteine	0.23 ± 0.03	1.16 ± 0.04	0.00 ± 0.00	0.80 ± 0.06	0.00	0.00	0.00 ± 0.00	0.00			
Isoleucine	0.08 ± 0.02	0.31 ± 0.00	0.57 ± 0.07	0.47 ± 0.20	0.47	0.35	0.16 ± 0.03	0.09			
Tryptophan	0.04 ± 0.00	0.30 ± 0.20	0.00 ± 0.00	1.56 ± 0.19	0.53	5.10	0.96 ± 1.36	0.00			
Leucine	0.07 ± 0.03	0.22 ± 0.02	3.79 ± 0.91	0.61 ± 0.45	0.42	0.40	0.15 ± 0.04	0.07			
Phenylalanine	0.15 ± 0.00	0.53 ± 0.04	0.76 ± 0.11	0.15 ± 0.01	0.76	0.64	0.75 ± 0.05	0.31			
Lysine	0.15 ± 0.03	0.26 ± 0.07	0.68 ± 0.11	0.58 ± 0.11	0.56	0.56	0.23 ± 0.02	0.12			
Canavanine	84.66 ± 3.74	64.97 ± 15.18	8.42 ± 3.00	17.37 ± 3.18	24.04	3.22	50.48 ± 0.57	83.42			
Total free amino acids (g/100 g flour)	3.15 ± 0.09	1.29 ± 0.69	0.33 ± 0.15	0.69 ± 0.00	0.61	0.67	1.09 ± 0.05	2.86			
Canavanine (g/100 g flour)	2.67 ± 0.00	0.84 ± 0.11	0.03 ± 0.00	0.12 ± 0.00	0.15	0.02	0.55	2.79			
Asp + Glu + Asn + Gln + Thr + Arg + Canav n	97.6	92.1	84.0	84.0	91.2	82.3	92.9	98.3			
2	2	2	2	1	1	2	1	1			
Amino acids (g/100 g amino acids)		Sec. Pedunculatae <i>V. onobrychoides</i>			Sec. Vicilla <i>V. dumetorum</i>			Sec. Vicilla <i>V. pisiformis</i>		Sec. Vicilla <i>V. sylvatica</i>	
Aspartic acid		18.10			5.02 ± 4.24			1.90		3.68 ± 1.55	
Glutamic acid		29.27			9.01 ± 4.39			1.88		4.17 ± 0.95	
Asparagine		20.25			38.45 ± 4.27			1.75		3.26 ± 2.14	
Serine		3.40			0.11 ± 0.15			0.07		0.19 ± 0.15	
Glutamine		0.69			0.48 ± 0.11			0.00		0.04 ± 0.06	
Histidine		0.96			0.47 ± 0.09			78.43		0.78 ± 0.48	
Glycine		1.79			0.37 ± 0.25			0.78		0.33 ± 0.25	
Threonine		2.85			0.48 ± 0.16			0.00		0.26 ± 0.14	
Arginine		7.25			4.63 ± 2.30			10.38		1.55 ± 0.63	
Alanine		2.33			1.05 ± 0.05			0.73		0.34 ± 0.22	
Proline		0.00			0.00 ± 0.00			0.00		0.00 ± 0.00	
Tyrosine		0.71			0.21 ± 0.09			0.36		0.08 ± 0.07	
Valine		4.18			0.09 ± 0.13			0.00		0.22 ± 0.07	
Methionine		0.00			0.00 ± 0.00			0.00		0.00 ± 0.00	
Cysteine		0.00			0.00 ± 0.00			0.00		0.00 ± 0.00	
Isoleucine		0.73			0.17 ± 0.02			0.16		0.04 ± 0.04	
Tryptophan		2.00			0.00 ± 0.00			0.00		0.00 ± 0.00	
Leucine		0.75			0.23 ± 0.04			0.24		0.21 ± 0.15	

acids including canavanine were analyzed by RP-HPLC after derivatization using diethyl ethoxymethylenemalonate (Megías et al., 2015).

### 3. Results and discussion

The free amino acids composition of the seeds from 32 *Vicia* species is shown in Table 1. In section *Cassubiae*, *V. cassubica* has 0.46% free amino acids, of which 28.9% is canavanine. *V. orobus* has 0.97% free amino acids of which 66.1% is canavanine. *V. ervilia* (sect. *Ervilia*) has 0.33% free amino acids representing canavanine 0.03% dry flour. *V. articulata* (sect. *Ervoides*) has 0.69% free amino acids, representing canavanine 17.37% of these. In section *Ervum* total free amino acids ranged from 0.61% to 1.09% dry flour. Canavanine contents varied considerably within this section, ranging from 3.22% to 50.48% of free amino acids. In section *Panduratae*, analysis of seeds from *V. cretica* revealed 2.86% free amino acids and canavanine represents 83.42% of total free amino acids. In *V. onobrichioides* (sect. *Pedunculatae*) canavanine was found at only 0.01% dry flour. In section *Vicilla* content in total free amino acids ranged from 0.7% dry flour in *V. dumetorum* and *V. pisiformis*, to 1.58% in *V. sylvatica*. By last, section *Cracca* includes species with the highest contents in canavanine, going from 0.09% to 3.27% dry flour. This represents relative canavanine concentrations from 20.5% in *V. sicula* up to 86.9% of free amino acids in *V. incana*. The content in total free amino acids ranged from 0.44% dry flour in *V. sicula* to 3.94% in *V. incana*.

In addition to canavanine, *Vicia* seeds present a high content in amino acids metabolically related to canavanine including arginine, aspartic acid, asparagine, glutamic acid, glutamine, and threonine. This group of amino acids represents more than 80% total free amino acids in all species, with the only exception of *V. pisiformis* (sect. *Vicilla*) which is characterized by a very high relative content in histidine, 78.4%.

The legumes non-protein-amino-acid-accumulating clade is composed of species, such as *Vicia*, that accumulate free amino acids in their seeds (Cardoso et al., 2013). It comprises about 9464 species and 305 genera. This clade includes many genera important in animal and human nutrition such as *Glycine*, *Phaseolus*, *Vigna*, *Canavalia*, *Astragalus*, *Cicer*, *Medicago*, *Trifolium*, *Lathyrus*, *Pisum*, *Lens* and *Vicia* among others. Canavanine contents vary considerably between the species included in this clade. For example, *Medicago sativa* (alfalfa) and *Vicia* share similar canavanine contents, varying in the first from 1.4% to 1.8% dry matter (Rosenthal and Nkomo, 2000). *Canavalia* species, such as *C. ensiformis*, where canavanine was first described, contains higher canavanine contents varying from 2.5% to 5.1% dry matter (Sridhar and Seena, 2006). However, highest canavanine contents have been observed in taxonomically distant legumes, such as *Robinia pseudoacacia* (9.75% dry matter), *Wisteria floribunda* (12.26%), and *Dioclea megacarpa* (12.71%) (Rosenthal, 1977).

Because of the potential therapeutic applications, canavanine is now starting to be considered as much more than an antinutritional or toxic component in plants. *Vicia* species in sections *Cracca* and *Panduratae*, with high canavanine contents, represent a good source of canavanine. Besides their high content in canavanine, the economic feasibility of using these plants for producing this amino acid would also be supported by their good agronomic properties,

and by the availability of methods for easy purification of canavanine as recently described (Megías et al., 2016). An additional advantage of the purification of canavanine from *Vicia* using this method is that it also results in production of a canavanine-free protein concentrate that could be used for animal or human nutrition.

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