عنوان فارسی مقاله:
تاثیر مصاحبه انگیزشی بر روی کیفیت زندگی بیماران مبتلا به صرع

عنوان انگلیسی مقاله:
Effect of motivational interviewing on quality of life in patients with epilepsy

توجه!
این فایل تنها قسمتی از ترجمه میباشد. برای تهیه مقاله ترجمه شده کامل با فرمت ورд (قابل ویرایش) همراه با نسخه انگلیسی مقاله، اینجا کلیک نمایید.
5. Conclusion

We conclude that motivational interviewing can improve QOL and its subscales in patients with epilepsy. Motivating changes in behavior and lifestyle is very challenging, especially when faced with resistance. Therefore, it is significant that motivational interviewing was found to improve health status, attitude about epilepsy, motivation for life and treatment, and self-management. This approach can help patients make voluntary decisions and change. Motivational interviewing is a useful strategy to help patients with chronic conditions in terms of accepting and changing their behavior and QOL. Study limitations in-cluded failure to measure participants' QOL long-term. Therefore, future studies should evaluate whether the short-term changes in QOL seen with motivational interviewing persist long-term.