عنوان فارسی مقاله:
نشانگرهای ساده تغذیه ای و التهابی مرتبط با زخم بستر در سکته مغزی سالم‌دان

عنوان انگلیسی مقاله:
Simple Nutritional and Inflammatory Markers Associated with Bed Sores in Elderly Stroke People
5. Conclusion

In conclusion, this study shows that acute stroke patients with bed sores are the highest group as regard inflammatory markers due to acute stroke and bed sores together. The presence of bed sore itself causes or is caused by decrease in nutritional markers especially albumin in both, acute and chronic strokes. Other markers are more evident in acute stroke patients who develop bed sore like higher ferritin and neutrophils and lower TIBC, alb/prot ratio and cholesterol. TG differs only as regard presence of acute stroke but not bed sore. MG was not different between the four groups. Undernutrition independently predicts bed sore emergence in stroke patients. Strategic nutritional support, particularly in patients with acute stroke, may improve clinical outcomes after stroke.