

Orem's Theory Usage

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Abstract

The self-care practices of children with cancer and the dependent-care practices of their parents are important. These practices were systematic based on Orem's theory of self-care. The notion of this question was to mark the abilities of participants when self-care deficits occurred. In this paper, a critique for a qualitative study was conducted. The contribution was focused mainly on the appropriateness of using Orem theory with this study. Overall, the concepts, propositions and assumptions were well used and applied. Although some weakness was found, it is recommended to make more investigations about the appropriate usage on nursing theories in research.

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Introduction

Purpose

Self-care practice one of the most important behavior among patients with cancer, and nurses in clinical area has a major responsibility to developed this behavior^[1].

In this article the researchers focused on self-care practice among children with cancer and their families^[2], and the purpose of this article was to determine the competency of participants, identify the points where self-care deficit occur and recognized what nursing interventions needed to enhance participants self-care.

Main ideas

This study was conducted to use qualitative design and was applied according to Orem's self-care theory by using deductive approach; the sample of 27 participants (9 children and 18 parents) was selected according to inclusion criteria for interview and collect data.

After the collection of data that reflect the participants self-care practices; these practices were applied and organizer according to Orem's self-care requests. The findings showed that the most children performed their self-care practices to be shown as a normal. Also the findings display that the children

need balance between isolation and contact with others. Furthermore, dealing with side effects of cancer treatment one of the priority of concern for both children and their parents. Findings indicated to that the more supportive and educative nursing interventions should be developed to promote the well-being for children with cancer disease.

Theory usage

The authors used of theory

The both researchers used the Orem's theory as a framework in this study and were depend on deductive approach to achieved their goals, they applied the self-care requisites of Orem during the study. The self care performed to meet universal, developmental, and health deviation requisites or needs and the definition of the Orem self-care needs were defined based on Orem explanation and examples^[3]. Then the authors were used these concepts of Orem to evaluate participants reflection during an interview^[4], the researchers were coded all of the reported self-care practices according to Orem's^[5] self-care requisites. Finally a qualitative analysis software program was used to managing and analyzing the data.



Purposes of theory usage

This theory was used to studying the relationships between Orem's theoretical concepts and what actually implicated in clinical setting, and to modifying the non applicable areas to be more useful.

Author's reflection

The appropriateness of theory usage

The self-care theory of Orem was used in suitable manner through the article; because the both researchers were applied deductively the major concepts of Orem's theory on the study variables and that helpful to examine the Also, the data were collected in a manner that allowed for analysis of the context of participants practices.

The four Domains

Nursing: this domain was clearly defined as an art and a helping service accomplished by nurses to help children's to maintain their health. Also, the goal of nursing – to render the patient or members of his family capable of meeting the patient's self-care needs.

Health: this domain refer's to living belongings. So, it was achieved when the children and their parents are physically and functionally rigorous. That is including unification with bodily and psycho physiological mechanisms and a substantial arrangement and in relation to and networking with others.

Environment: Here, environmental circumstances could be external physical & psychosocial atmospheres. The researchers were indicated to the developmental environment which promotes the establishment of appropriate goals & to amend behavior to meet those goals.

Person: the one who receive care. However, in this study the both children and family were integrated as a one.

Author's opinion

Strength and weakness of the theory usage

Based on the above the major strength points of this article that the emphasize of simplicity of Orem's theory concepts to used in research and the ability of this important theory to be applied in clinical setting, the clarity of the theory and the application of the theory were created because the theory concepts were defined clearly and that important to understanding the theory and then apply it in appropriate manner^[5].

In the other hand, the most important weakness point about this study that the limited number of reviewed literature, and that the limitations of this study wasn't determined which create a negative point against the authors. Lastly, the theoretical framework not completely identified because the researchers were preferred to explain procedure of the study rather than clarification of theoretical framework.

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