عنوان فارسی مقاله:
شیوع افسردگی و اضطراب در بین بیماران مبتلا به مولتیپل اسکلروزیس کلینیک ام اس در بیمارستان شیخ خلیفه: مطالعه مقطعی

عنوان انگلیسی مقاله:
Prevalence of Depression and Anxiety among Patients with Multiple Sclerosis Attending the MS Clinic at Sheikh Khalifa Medical City, UAE: Cross-Sectional Study

توجه!
این فایل تنها قسمتی از ترجمه میباشد. برای تهیه مقاله ترجمه شده کامل با فرمت ورد (قابل ویرایش) همراه با نسخه انگلیسی مقاله، اینجا کلیک کنید.
6. Conclusions

We realize the limitations of our study being a single center and probably a small and underpowered size study. However, we believe that a larger and powered study from our region is needed to confirm our finding. Still, and as previously demonstrated in several studies, the robust negative impact of both depression and anxiety on PWMS overall QOL should call for careful screening for these disorders in this population. Indeed, less than one-third of our patients were on antidepressants and anti-anxiety medications at the time of the study. These figures reflect the increased pressure on neurologists to see more but spend less time with patients at clinics. Therefore, it is expected that the development of time efficient screening tools would allow busy centers to adopt the practice of screening for mood disorders at the waiting area prior to patient's evaluation by the neurologist.