عنوان فارسی مقاله:
اختلالات خواب تشخیص داده نشده در بیماران مبتلا به مولتیپل اسکلروزیس (ام اس)

عنوان انگلیسی مقاله:
The Underdiagnosis of Sleep Disorders in Patients with Multiple Sclerosis

توجه!
این فایل تنها قسمتی از ترجمه میباشد. برای تهیه مقاله ترجمه شده کامل با فرمت ورد (قابل ویرایش) همراه با نسخه انگلیسی مقاله، اینجا کلیک نمایید.
This survey demonstrates there is a significant burden of sleep disorders that are likely undiagnosed and unrecognized in the MS population. Among our cohort, 70% of subjects screened positive for at least one sleep disorder based on the questionnaires, yet only a small fraction of the subjects reported being diagnosed by a physician with the respective sleep problem. Approximately 37.8% of our surveyed population screened at risk for obstructive sleep apnea by questionnaire; by contrast, 4.25% reported having been diagnosed by a physician with obstructive sleep apnea. Insomnia was noted to be present based on screening in 31.6% of subjects, yet only 10.6% reported being diagnosed by a physician with insomnia. Subjects met the restless legs syndrome criteria in 36.8% of our surveyed population based on the questionnaire, but only 12.1% reported being diagnosed with RLS by a health care provider.