عنوان فارسی مقاله:
مهمت‌های حرکتی اساسی در میان کودکان پیش دبستانی استرالیایی

عنوان انگلیسی مقاله:
Fundamental movement skills among Australian preschool children

توجه!
این فایل تنها قسمتی از ترجمه می‌باشد. برای تهیه مقاله ترجمه شده کامل با فرمت ورد (قابل ویرایش) همراه با نسخه انگلیسی مقاله، اینجا کلیک کنید.
5. Conclusions

The preschool environment plays an important role to foster and develop children’s FMS. The current findings highlight the need for teachers to provide structured opportunities which facilitate children’s development and confidence in FMS, which may include providing gender separated games, equipment and spaces. Playing games that are fun, inclusive and skill-based will help prepare children to participate in a wide variety of physical activities with greater success and enjoyment. Investments in FMS programs during early childhood are important because they have the potential to enable children to participate successfully in games and sports during adolescence and adulthood, and once learned the skills are retained for life.