عنوان فارسی مقاله:
سبک‌های شوخی طبعی و رابطه آنها با خودباوری ضمنی و صریح

عنوان انگلیسی مقاله:
Humor styles and their relationship to explicit and implicit self-esteem

توجه!
این فایل تنها قسمتی از ترجمه میباشد. برای تهیه مقاله ترجمه شده کامل با فرمت ورد (قابل ویرایش) همراه با نسخه انگلیسی مقاله، اینجا کلیک نمایید.
4. Discussion

The present study investigated whether there is an association between self-defeating humor and damaged self-esteem (i.e., low explicit and high implicit self-esteem). Indeed, we found that participants preferring a self-defeating humor style had damaged self-esteem.

But what is the mechanism behind this? Due to the present study's correlational nature, the data do not warrant acceptance of causal inferences. It could be that the frequent use of self-defeating humor may cause individuals to develop damaged self-esteem (e.g., the use of self-defeating humor might result in a downward spiral of social rejection, resulting in lower social self-esteem; Kuiper & McHale, 2009; and thus reducing explicit self-esteem)—but it is equally possible that people use self-defeating humor as a consequence of possessing damaged self-esteem (e.g., the uncomplimentary view of self that individuals with damaged self-esteem display may foster the increased use of humor that is self-disparaging; Kuiper & McHale, 2009). A third variant could be that both self-defeating humor and damaged self-esteem are not causally connected, but may result from the influence of a third variable (Martin, 2007), such as neuroticism or alexithymia.